

# CLEAN YOUR HANDS

1 Rub hands together to palm, spread hand over the other hand and rub over the back of the hand

2 Rub the back of each hand with the palm of the other hand with fingers interlaced

3 Rub palm to palm with fingers interlaced

4 Rub each thumb clasped in opposite hand using a rotational movement

5 Rub back of fingers to opposing palms with fingers interlocked

6 Rub tips of fingers in opposite palm in a circular motion

7 Wait until product has evaporated and hands are dry (do not use paper towels)

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