

Key Findings Report:

UK Medical Cannabis Patient

Survey 2024

Releaf[®]

www.releaf.co.uk



Executive Summary

November 1st, 2025, marks 7 years since the legalisation of medical cannabis in the United Kingdom. This survey of 1,669 active medical cannabis patients represents the largest study of prescribed medical cannabis users in the UK to date.

The findings reveal a patient population experiencing transformative benefits from their treatment, while also highlighting persistent challenges around stigma, public confidence, and legal awareness that continue to impact the medical cannabis community.

For the full report, please visit:

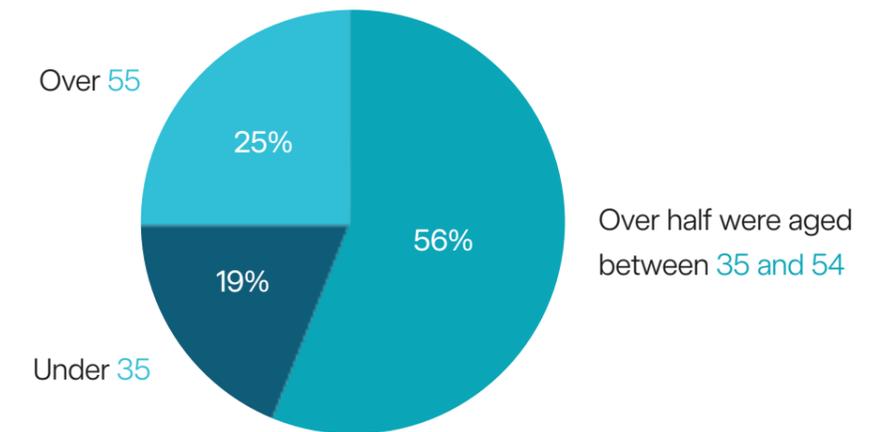


Patient Demographics

Gender Distribution



Age Profile



Geographic Distribution



Ethnicity

Almost 91% are white or white British

Patient Tenure with Releaf

Less than 3 months

Almost 1/3 of respondents have been with Releaf

3-6 months

31% have been with Releaf

6-12 months

30%

over a year

7%

Employment Profile

The most common professions of those who took part include:

- Science, tech, engineering, and maths
- Skilled trades
- Healthcare and social care
- Legal, financial or professional services
- Arts, entertainment, and media

Meanwhile, 16% said they are unable to work due to illness or disability, and 8% are retired.

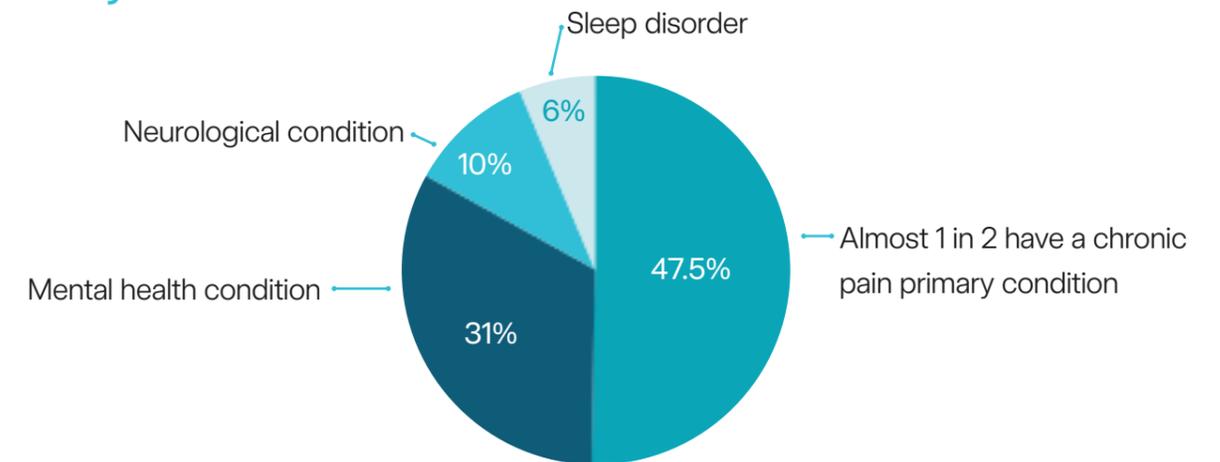
Conditions Being Treated

Multiple Condition Treatment

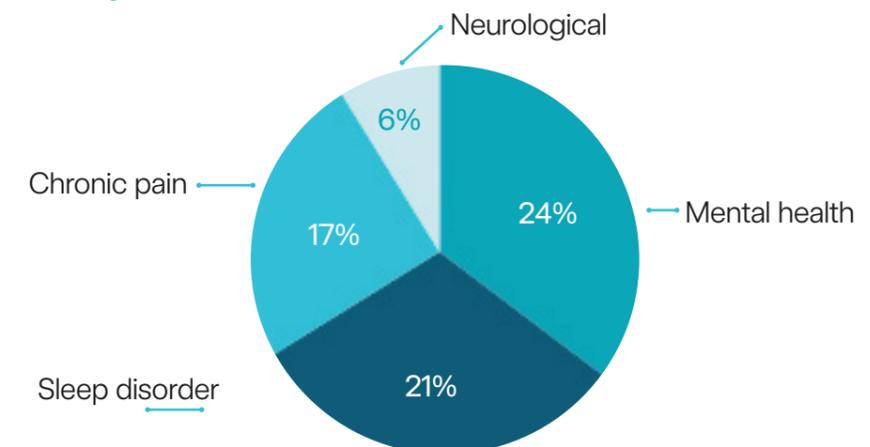
72% 

of patients who took the survey are treating more than one condition

Primary Conditions



Secondary Conditions



Least Common Conditions

The least common condition type for both primary and secondary was cancer related (1.4% and 1.3% respectively). This was followed by gastroenterological conditions (2.6% and 2.2%) and Women's Health (1.6% and 2.4%).



Treatment Outcomes & Patient Experience

Quality of Life Improvements

97%

say their treatment has improved their quality of life

65.8%

said 'significantly'

31%

said 'slightly'

Daily Functioning

85%

said it has improved their ability to perform daily tasks and activities

45%

said 'significantly'

40%

said 'slightly'

Work and Study Capacity

67%

say their treatment has improved their quality of life

37%

said 'significantly'

30%

said 'slightly'

Daily Functioning



88%

have not experienced any side effects



91%

are likely to recommend medical cannabis to others who may be eligible

Attitude Shifts

3 in 5

Say they feel more positively about cannabis now it has been prescribed to them





Stigma & Social Attitudes

Disclosure Patterns

97%

of those who took the survey have told others that they use medical cannabis

$\frac{3}{4}$ told friends

73% told family

28% told the NHS care team

27% told their co-workers

Most Supportive Groups (reported):



- Partner
- Friends
- Family
- Workplace acquaintances
- Healthcare providers

Stigma Experience

20%

of those who took part said they have experienced stigma since becoming a Releaf patient

Prescribed Products

Product Types



9/10

Releaf patients are prescribed medical cannabis flower



1 in 2

are prescribed cannabis oil



Almost $\frac{1}{3}$

are prescribed vape cartridges

Confidence Among Previous Users

Of those who used cannabis regularly before becoming a medical cannabis patient, 97% feel more comfortable using cannabis now it has been legally prescribed

Public Use Confidence

4 out of 5 Patients feel completely confident using medical cannabis outside their home

45% said it depends on the situation

20% worry about administering their medication outside their home

Driving & Legal Awareness

Understanding of Driving Laws



3 in 5 are confident they understand the law when it comes to driving and medical cannabis

21%

said they are somewhat confident they understand the law

Almost
12%

said they do not drive

Driving Behavior

- 51.4% avoid driving if they've used their medication earlier that day
- Meanwhile, 40% drive regularly so long as they feel unimpaired and safe

Medical Cannabis Card Usage

Card Carrying Behavior

72% always keep their medical cannabis card on their person

Influence on Provider Choice

1 in 5

said the card was a major factor in their decision to join [Releaf](#)

40%

said it was one of the several factors they considered

13%

said they either weren't aware of it, or it didn't influence their decision

Confidence with Law Enforcement



73%

would feel confident using their medical cannabis card to explain their treatment should they be questioned by the police



5%

have used their card to prove their status as a legal patient to law enforcement

Other Card Uses

28%

have used their card to explain their treatment to friends and family

Psychological Benefits

75%

say the card makes them feel reassured that they're legally protected

51.2%

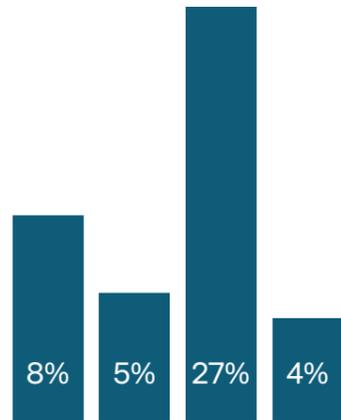
feel relieved to have medical recognition



Travel with Medical Cannabis

Travel Patterns

Since becoming a patient with Releaf:



8% have travelled with their prescribed cannabis-based treatment within the UK, and outside of it

A further 5% said they've travelled outside of the UK with their treatment

27% said they haven't travelled yet, but plan to take their treatment with them when they do

4% said they wouldn't take their Releaf medication if they were to travel

Transport Methods (among those who have travelled)

Those who have travelled with Releaf medication:

 24.1%
via aeroplane

 35%
by train

 82%
have travelled via road

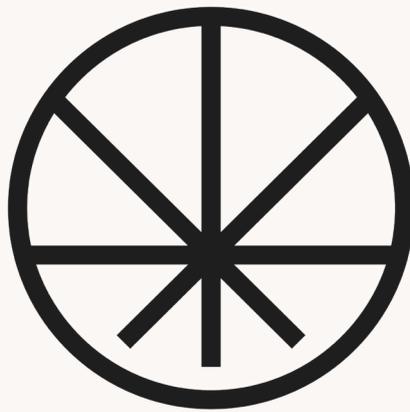
 10%
by boat or ferry

Confidence Levels When Travelling

 37%
of patients who've travelled said they felt extremely confident (10 out of 10) doing so

 68%
of those who have travelled said they felt at least an 8 out of 10 in terms of confidence when doing so





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Study completed by [releaf.co.uk](https://www.releaf.co.uk)