



# Key Findings Report:

UK Medical Cannabis Patient

Survey 2025

**Releaf**<sup>®</sup>

[www.releaf.co.uk](http://www.releaf.co.uk)





## Executive Summary

November 1st, 2025, marks 7 years since the legalisation of medical cannabis in the United Kingdom. This survey of 1,669 active medical cannabis patients represents the largest study of prescribed medical cannabis users in the UK to date.

The findings reveal a patient population experiencing transformative benefits from their treatment, while also highlighting persistent challenges around stigma, public confidence, and legal awareness that continue to impact the medical cannabis community.

For the full report, please visit: [releaf.co.uk](https://releaf.co.uk)



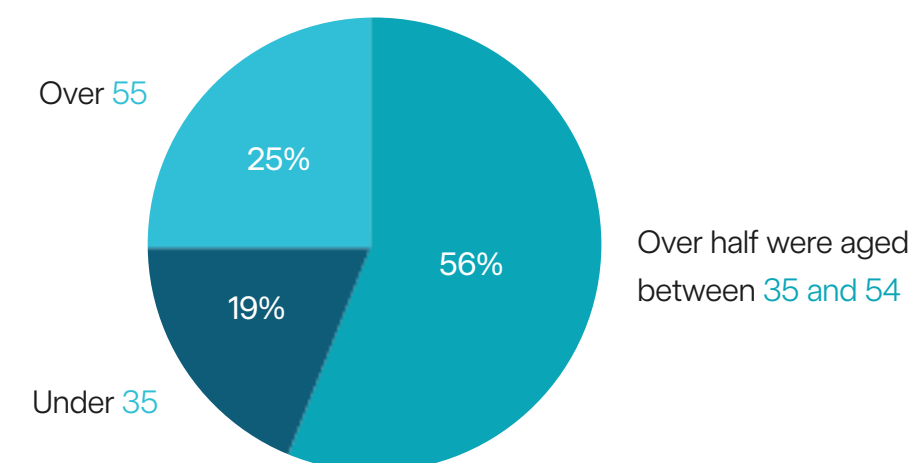


# Patient Demographics

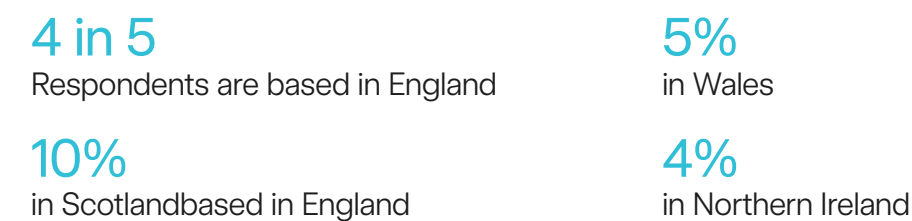
## Gender Distribution



## Age Profile



## Geographic Distribution



## Ethnicity

Almost 91% are white or white British



# Patient Tenure with Releaf

## Less than 3 months

Almost 1/3 of respondents have been with Releaf

## 3-6 months

31% have been with Releaf

## 6-12 months

30%

## over a year

7%

# Employment Profile

The most common professions of those who took part include:

- Science, tech, engineering, and maths
- Skilled trades
- Healthcare and social care
- Legal, financial or professional services
- Arts, entertainment, and media

Meanwhile, 16% said they are unable to work due to illness or disability, and 8% are retired.



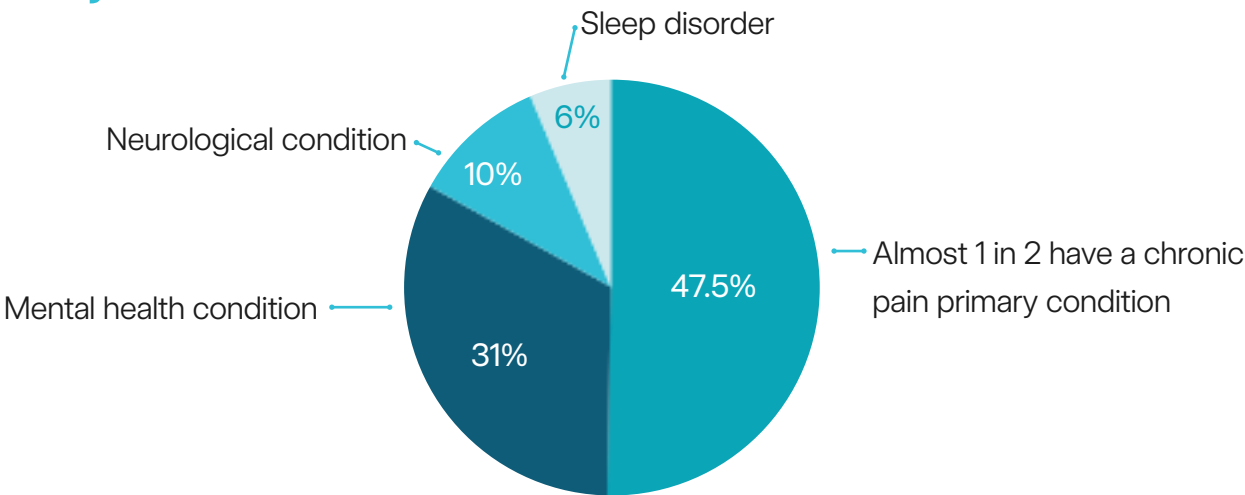
# Conditions Being Treated

## Multiple Condition Treatment

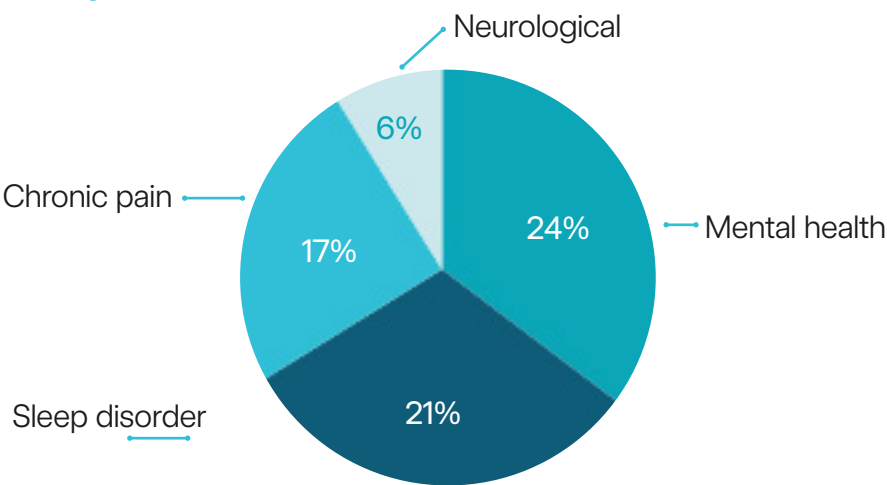
72%

of patients who took the survey are treating more than one condition

## Primary Conditions



## Secondary Conditions



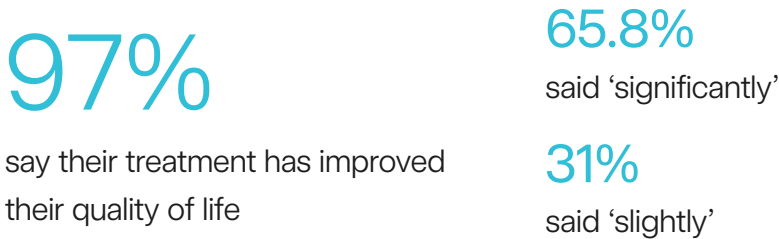
## Least Common Conditions

The least common condition type for both primary and secondary was cancer related (1.4% and 1.3% respectively). This was followed by gastroenterological conditions (2.6% and 2.2%) and Women's Health (1.6% and 2.4%).

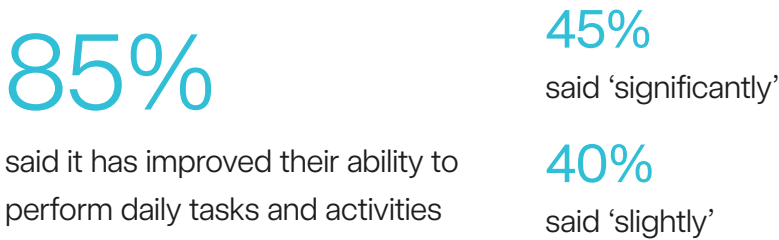


# Treatment Outcomes & Patient Experience

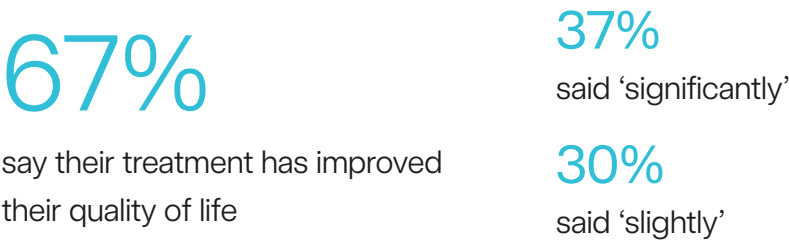
## Quality of Life Improvements



## Daily Functioning



## Work and Study Capacity



## Daily Functioning



## Attitude Shifts

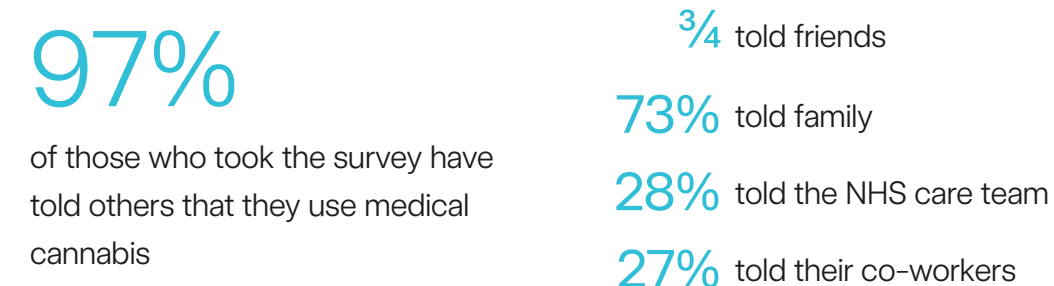






## Stigma & Social Attitudes

### Disclosure Patterns

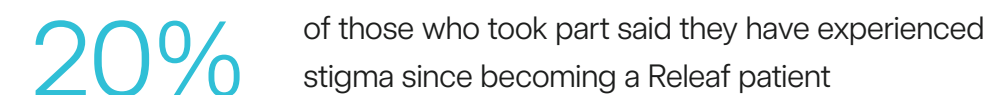


### Most Supportive Groups (reported):



- Partner
- Friends
- Family
- Workplace acquaintances
- Healthcare providers

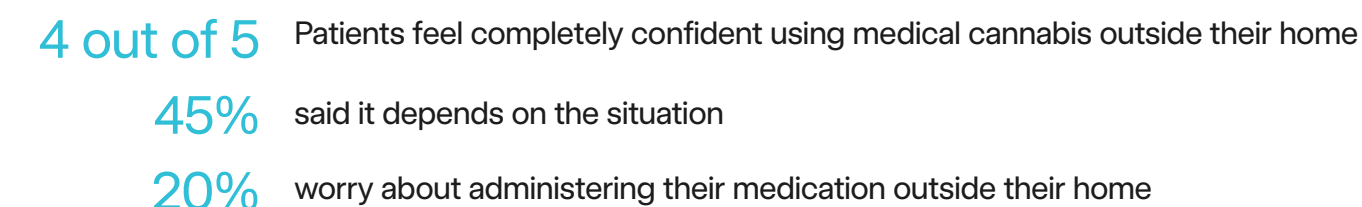
### Stigma Experience



### Confidence Among Previous Users

Of those who used cannabis regularly before becoming a medical cannabis patient, **97% feel more comfortable using cannabis now it has been legally prescribed**

### Public Use Confidence



## Prescribed Products

### Product Types



**9/10**  
Releaf patients are prescribed medical cannabis flower



**1 in 2**  
are prescribed cannabis oil



**Almost 1/3**  
are prescribed vape cartridges



# Driving & Legal Awareness

## Understanding of Driving Laws



3 in 5 are confident they understand the law when it comes to driving and medical cannabis

21%

said they are somewhat confident they understand the law

Almost  
12%

said they do not drive

## Driving Behavior

- 51.4% avoid driving if they've used their medication earlier that day
- Meanwhile, 40% drive regularly so long as they feel unimpaired and safe

# Medical Cannabis Card Usage

## Card Carrying Behavior

72% always keep their medical cannabis card on their person

## Influence on Provider Choice

1 in 5

said the card was a major factor in their decision to join [Releaf](#)

40%

said it was one of the several factors they considered

13%

said they either weren't aware of it, or it didn't influence their decision

## Confidence with Law Enforcement



73%

would feel confident using their medical cannabis card to explain their treatment should they be questioned by the police



5%

have used their card to prove their status as a legal patient to law enforcement

## Other Card Uses

28%

have used their card to explain their treatment to friends and family

## Psychological Benefits

75%

say the card makes them feel reassured that they're legally protected

51.2%

feel relieved to have medical recognition

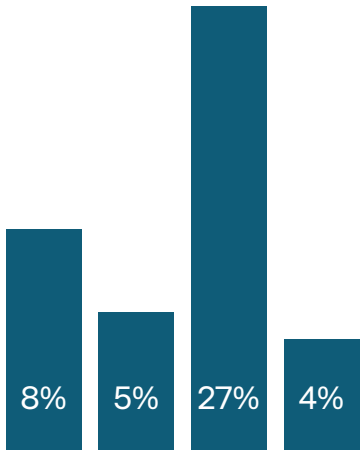




# Travel with Medical Cannabis

## Travel Patterns

Since becoming a patient with Releaf:



8% have travelled with their prescribed cannabis-based treatment within the UK, and outside of it

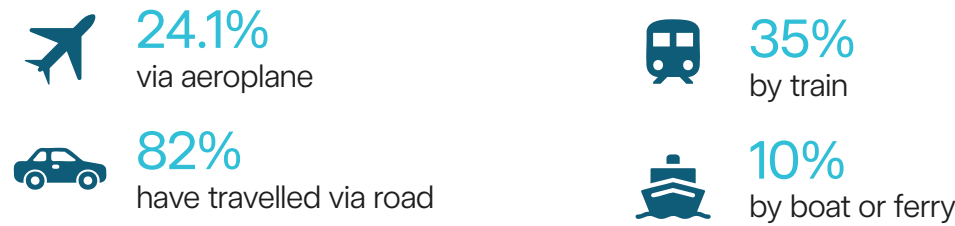
A further 5% said they've travelled outside of the UK with their treatment

27% said they haven't travelled yet, but plan to take their treatment with them when they do

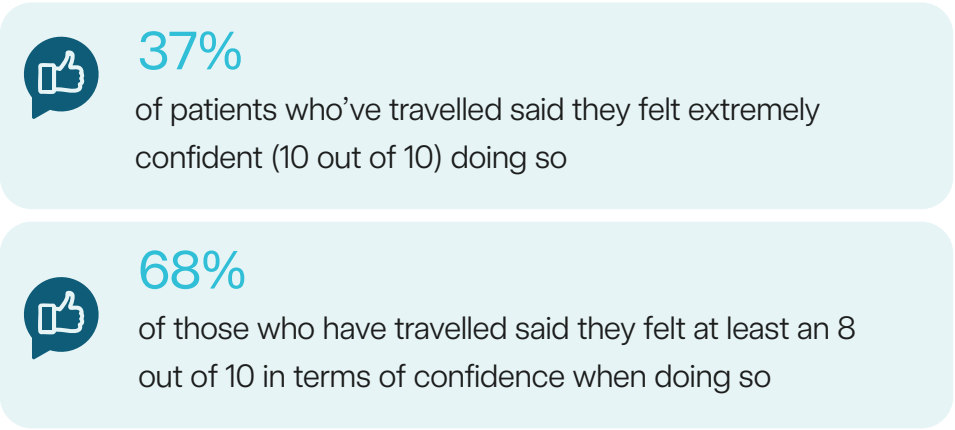
4% said they wouldn't take their Releaf medication if they were to travel

## Transport Methods (among those who have travelled)

Those who have travelled with Releaf medication:



## Confidence Levels When Travelling







This report is based on a survey of 1,669 active medical cannabis patients in the UK, representing the largest study of prescribed medical cannabis users in the country to date.

Study completed by [releaf.co.uk](https://releaf.co.uk)

Contributors: