



CosmetiCare

PLASTIC SURGERY AND MEDSPA

CosmetiCare Post-Operative Care Recommendations

Patients often ask our team how to manage their care immediately after surgery. For optimal safety and comfort during your recovery, we recommend that you have someone who is medically qualified to manage your care. If this is an option you choose to explore, we have provided the following options:

❖ **Laguna Village Recovery**

<https://www.lagunavillagerecovery.com/>

(949) 637-8553

❖ **After, After Care** (For in-home or hotel care)

<https://afteraftercare.com/index.html>

(310) 508-8848

Please note: These providers are not affiliated with CosmetiCare and are recommendations only. All fees associated with services are at the discretion of the aftercare facility. If you have any feedback regarding your aftercare, please feel free to notify us at clinicnursing@cosmeticare.com.

Patient signature

Date

Clinic Team Signature

Date