

If you are taking any medications on this list, they should be discontinued 2 weeks prior to surgery and only acetaminophen products, such as Tylenol, should be taken for pain. All other medications – prescriptions, over-the-counter and herbal – that you are currently taking must be specifically cleared by your doctor prior to surgery. It is absolutely necessary that all of your current medications be specifically cleared by your doctor and the nursing staff.

### Aspirin Medications to Avoid

*Affect blood clotting.*

|                        |                        |                         |                      |
|------------------------|------------------------|-------------------------|----------------------|
| 4-Way Cold Tabs        | Cama Arthritis Pain    | Isolyl Improved         | Phenaphen/Codeine #3 |
| 5-Aminosalicylic Acid  | Reliever               | Kaodene                 | Pink Bismuth         |
| Acetylsalicylic Acid   | Carisoprodol Compound  | Lanorinal Ibuprohm      | Piroxicam            |
| Actron                 | Cataflam               | Lodine                  | Propoxyphene         |
| Adprin-B products      | Cheracol               | Lortab ASA              | Compound products    |
| Aleve                  | Choline Magnesium      | Magan                   | Robaxisal            |
| Alka-Seltzer products  | Trisalicylate          | Magnaprin products      | Rowasa               |
| Amigesic Argesic-SA    | Choline Salicylate     | Magnesium Salicylate    | Roxiprin             |
| Anacin products        | Cope                   | Magsal                  | Saletto products     |
| Anexsia w/Codeine      | Coricidin              | Marnal                  | Salflex              |
| Arthra-G               | Cortisone Medications  | Marthritic              | Salicylate products  |
| Arthriten products     | Damason-P              | Mefenamic Acid          | Salsalate            |
| Arthritis Foundation   | Darvon Compound-65     | Meprobamate             | Salsitab             |
| products               | Darvon/ASA             | Mesalamine              | Scot-Tussin Original |
| Arthritis Pain Formula | Diclofenac             | Methocarbamol           | 5-Action             |
| Arthritis Strength BC  | Dipenturn              | Micrainin               | Sine-off             |
| Powder                 | Disalcid               | Mobidin                 | Sinutab              |
| Arthropan              | Doan's products        | Mobigesic               | Sodium Salicylate    |
| ASA                    | Dolobid                | Momentum                | Sodol Compound       |
| Asacol                 | Dristan                | Mono-Gesic              | Soma Compound        |
| Ascriptin products     | Duragesic              | Motrin products         | St. Joseph Aspirin   |
| Aspergum               | Easprin                | Naprelan                | Sulfasalazine        |
| Asprimox products      | Ecotrin products       | Naproxen                | Supac                |
| Axotal                 | Empirin products       | Night-Time Effervescent | Suprax               |
| Azdone                 | Equagesic              | Cold                    | Synalgos-DC          |
| Azulfidine products    | Etodolac               | Norgesic products       | Talwin               |
| B-A-C                  | Excedrin products      | Norwich products        | Triaminicin          |
| Backache Maximum       | Fiorgen PF             | Olsalazine              | Tricosal             |
| Strength Relief        | Fiorinal products      | Orphengesic products    | Trilisate            |
| Bayer Products         | Flurbiprofen           | Orudis products         | Tussanil DH          |
| BC Powder              | Gelpirin               | Oxycodone               | Tussirex products    |
| Bismatrol products     | Genprin                | Pabalate products       | Ursinus-Inlay        |
| Buffered Aspirin       | Gensan                 | P-A-C                   | Vanquish             |
| Bufferin products      | Goody's Extra Strength | Pain Reliever Tabs      | Wesprin              |
| Buffetts 11            | Headache Powders       | Panasal                 | Willow Bark products |
| Buffex                 | Halfprin products      | Pentasa                 | Zorprin              |
| Butal/ASA/Caff         | IBU                    | Pepto-Bismol            |                      |
| Butalbital Compound    | Indomethacin products  | Percodan products       |                      |

**PATIENT INITIALS:** \_\_\_\_\_

## Medications to Avoid

### Ibuprofen Medications to Avoid

*Affect blood clotting.*

|                     |                  |                     |                   |
|---------------------|------------------|---------------------|-------------------|
| Acular (ophthalmic) | Haltran          | Nabumetone          | Rhinocaps         |
| Advil products      | Ibuprofen        | Nalfon products     | Sine-Aid products |
| Anaprox products    | Indochron E-R    | Naprosyn products   | Sulindac          |
| Ansaid              | Indocin products | Naprox X            | Suprofen          |
| Clinoril            | Ketoprofen       | Nuprin              | Tolectin products |
| Daypro              | Ketorolac        | Ocufen (ophthalmic) | Tolmetin          |
| Dimetapp Sinus      | Ibuprin          | Oruvail             | Toradol           |
| Dristan Sinus       | Meclofenamate    | Oxaprozin           | Voltaren          |
| Feldene             | Meclomen         | Ponstel             |                   |
| Fenoprofen          | Menadol          | Profenal            |                   |
| Genpril             | Midol-products   | Relafen             |                   |

### Tricyclic Antidepressants to Avoid

*Intensify anesthesia, cardiovascular effects.*

|               |                    |               |              |
|---------------|--------------------|---------------|--------------|
| Adapin        | Doxepin            | Maprotiline   | Tofranil     |
| Amitriptyline | Elavil             | Norpramin     | Triavil      |
| Amoxapine     | Endep              | Nortriptyline | Trimipramine |
| Anafranil     | Etrafon products   | Pamelor       | Vivactil     |
| Asendin       | Imipramine         | Pertofrane    |              |
| Aventyl       | Janimine           | Protriptyline |              |
| Clomipramine  | Limbitrol products | Sinequan      |              |
| Desipramine   | Ludiomil           | Surmontil     |              |

### Other Medication to Avoid

*Affect blood clotting.*

|                      |                      |                     |                |
|----------------------|----------------------|---------------------|----------------|
| 4-Way w/ Codeine     | Dicumerol            | Miradon             | Stelazine      |
| A.C.A.               | Dipyridamole         | Opasal              | Sulfinpyrazone |
| A-A Compound         | Doxycycline          | Pan-PAC             | Tenuate        |
| Accutrim             | Emagrin              | Pentoxifylline      | Tenuate Dospan |
| Actifed              | Enoxaparin injection | Persantine          | Thorazine      |
| Anexsia              | Flagyl               | Phenylpropanolamine | Ticlid         |
| Anisindione          | Fragmin injection    | Prednisone          | Ticlopidine    |
| Anturane             | Furadantin           | Protarnine          | Trental        |
| Arthritis Bufferin   | Garlic               | Pyrroxate           | Ursinus        |
| BC Tablets           | Heparin              | Ru-Tuss             | Vibramycin     |
| Children's Advil     | Hydrocortisone       | Salatin             | Vitamin E      |
| Clinoril C           | Isolyt               | Sinex               | Warfarin       |
| Contac               | Lovenox injection    | Sofarin             |                |
| Coumadin             | Macrochantin         | Solstice            |                |
| Dalteparin injection | Mellaril             | Sparine             |                |

**PATIENT INITIALS:** \_\_\_\_\_

### Avoid ALL Diet Aids – Including Over-the-Counter & Herbal

*Intensify anesthesia, serious cardiovascular effect*

#### Salicylate Medications

*Affect blood clotting.*

|                               |                                                       |
|-------------------------------|-------------------------------------------------------|
| Amigesic (salsalate)          | Pabalate                                              |
| Disalcid (salsalate)          | Pepto-Bismol (bismuth subsalicylate)                  |
| Doan's (magnesium salicylate) | Salflex (salsalate)                                   |
| Dolobid (diflunisal)          | Salsalate                                             |
| Magsal                        | Salsitab (salsalate)                                  |
| Pamprin (Maximum Pain Relief) | Trilisate (choline salicylate + magnesium salicylate) |
| Mobigesic                     |                                                       |

#### Vitamins and Herbs to Avoid

*Affect blood clotting, affect blood sugar, increase or decrease the strength of anesthesia, rapid heartbeat, high blood pressure, liver damage. Note: Just because it is not on this list does not mean that it is safe to take while preparing for surgery.*

|                |                 |                |                        |
|----------------|-----------------|----------------|------------------------|
| Ackee fruit    | Devil's club    | Goldenseal     | Mugwort                |
| Alfalfa        | Dong Quai root  | Gotu Kola      | Nem seed oil           |
| Aloe           | Echinacea       | Grape seed     | Onions                 |
| Agrimony       | Ephedra         | Guarana        | Papaya                 |
| Barley         | Eucalyptus      | Guayusa        | Periwinkle             |
| Bilberry       | Fenugreek seeds | Hawthorn       | Selenium               |
| Bitter melon   | Feverfew        | Horse Chestnut | St. John's Wort        |
| Burdock root   | Fo-ti           | Juniper        | Valerian/Valerian Root |
| Carrot oil     | Garlic          | Kava Kava      | "The natural Viagra®"  |
| Cayenne        | Ginger          | Lavender       | Vitamin E              |
| Chamomile      | Ginkgo          | Lemon verbena  | Willow bark            |
| Chromium       | Ginkgo biloba   | Licorice root  | Yellow root            |
| Coriander      | Ginseng         | Ma Huang       | Yohimbe                |
| Dandelion root | Gmena           | Melatonin      |                        |

**If you are taking anything not on this list, please call the office at (949) 718-6900 to notify us and make sure that it is okay.**

**PATIENT INITIALS:** \_\_\_\_\_