## John N. Vartanian, DDS

## **Newport Institute for Dentistry**

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## **Post Op Instructions: Temporary Crown**

Today we placed temporaries on to protect your teeth and gum tissues while custom restorations are being created for you in a dental laboratory. In addition, the temporaries will help prevent the adjacent teeth from shifting, ensuring that your final custom-crafted crown will fit. Temporary cement will be used to hold the restoration in place.

Although the temporary should be very comfortable, you may need to alter eating and oral hygiene habits slightly to ensure the temporary stays in place between appointments.

- Avoid chewing gum and eating sticky or hard foods.
- If possible, chew only on the opposite side of your mouth.
- Brush carefully each day and avoid flossing your temporaries.

It's vital to the proper fit of your final restoration that your temporary stays in place, if your temporary does come off, call us immediately so we can arrange to cement it back into place.

You should also call our office right away if:

- Your bite feels uneven
- You have persistent pain
- You have any questions or concerns