

TEDESCHINI ENRICO, M.D. Ph.D.

Curriculum vitae



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Education

- **Graduation (2003):** Medical Doctor, graduated with full marks and honors at the University of Modena and Reggio Emilia. Final Thesis: "Day treatment programme for patients with eating disorders: an experience in Modena"
- **Residency (2007):** Specialist in Adult Psychiatry, specialized with full marks and honors at the University of Modena and Reggio Emilia. Final Thesis: "Integration between mental health services and primary care in Castelfranco Emilia: a pilot study".
- **Philosophy Doctor (Ph.D.)** in 'Human Psychobiology' (January 2008 – December 2010) with full marks and honors at the University of Modena and Reggio Emilia. Final Thesis: "Complementary and alternative medicine for the treatment of major depressive disorder"
- **Post-graduation (2008):** Master's degree on Cognitive Behavioural Therapy: in specific Post-Rationalist approach of Vittorio Guidano and Giovanni Liotti (Directors : MD S. Lenzi and Phd F.Lambruschi).
- **Post-graduation (2010)** Non-Clinical Research Fellowship within the Massachusetts General Hospital Department of Psychiatry (March 2009 - July 2010).
- **Post-graduation (2012)** Master's degree Psychopharmacology Program (January 2012) – Neuroscience Education Institute
- **Post-graduation (2012)** EMDR Therapist level 1
- **Post-graduation (2014)** Master's degree on 'Prevention and treatment of Alcohol disorders' at the University of Modena and Reggio Emilia.

Current employment status:

- Full time psychiatrist at the Department of Mental Health and Substance Abuse, AUSL, Modena, Italy.

- First episode psychosis (FEP) working group. Adult Psychiatry, Department of Mental Health and Substance Abuse, Modena, Italy.
- Physical Health in people with severe mental illness task force. Adult Psychiatry, Department of Mental Health and Substance Abuse, Modena, Italy

Current academic degree

- Professor of Psychiatry, School of Psychiatry, University of Modena and Reggio Emilia., Modena, Italy.

Publications

1. Ferrara M, **Tedeschini E**, Baccari F, Musella V, Vacca F, Mazzi F, Ferri M, Srihari V, Starace F; **Early Psychosis Working Group. Early intervention service for first episode psychosis in Modena, Northern Italy: The first hundred cases.** Early Interv in Psychiatry. 2019; 1-7.
2. E. Severi, M. Ferrara, **E.Tedeschini**, F. Mungai, F. Baccari, F. Starace. **Assessment of cardiovascular risk in an italian psychiatric outpatient sample: a chart review of subjects treated with second generation antipsychotics.** International Journal Of Mental Health Nursing. 2017 Dic: 27 (3): 1002-1008
3. **E.Tedeschini**, L. Pingani, E. Simoni, D. Ferrari, C. Giubbarelli, D. Giuggioli, F. Lumetti, M. Rigatelli, C. Ferri and S. Ferrari. **Correlation of articular involvement, skin disfigurement and unemployment with depressive symptoms in patients with systemic sclerosis: a hospital sample.** Int J Rheum Dis. 2014 Feb;17(2):186-94.
4. G. Mattei, **E. Tedeschini**, L. Pingani, M. Rigatelli, S. Ferrari. **Internet as a tool to estimate psychiatrists' opinions on consultation activity in the Emergency Room: a mix-method survey.** Journal of Psychopathology. 2013;19:304-309
5. Vitali M, **Tedeschini E**, Mistretta M, Fehling K, Aceti F, Ceccanti M, Fava M. **Adjunctive pregabalin in partial responders with major depressive disorder and residual anxiety.** J Clin Psychopharmacol. 2013 Feb;33(1):95-8.
6. **E.Tedeschini**, Y. Levkovitz, N.Iovieno, V. Ameral, C. Nelson, G.Papakostas. **Efficacy of Antidepressants for Late-life Depression: A Meta-Analysis and Meta-regression of Placebo-Controlled Randomized Trials.** J of Clinical Psychiatry 2011 Dec;72(12):1660-8.
7. G. Papakostas, H. Fan, **E. Tedeschini**. **Severe and Anxious Depression: Combining Definitions of Clinical Sub-types to Identify Patients Differentially Responsive to Selective Serotonin Reuptake Inhibitors.** Eur Neuropsychopharmacol. 2012 May;22(5):347-55.
8. P. Pedrelli, N. Iovieno, M. Vitali, **E. Tedeschini**, K. Bentley, G. Papakostas. **Treatment of major depressive disorder and dysthymic disorder with antidepressants in patients with comorbid opiate use disorders enrolled in methadone maintenance therapy: a meta-analysis.** J Clin Psychopharmacol. 2011 Oct;31(5):582-6.
9. N.Iovieno, E.Tedeschini, K.Bentley, A.Evins, G.Papakostas. **Antidepressants for Major Depressive Disorder and Dysthymic Disorder in Patients with Co-Morbid Alcohol Use Disorders: A Meta-analysis of Placebo-Controlled Randomized Trials.** J Clin Psychiatry. 2011 Aug;72(8):1144-51.
10. N.Iovieno, **E.Tedeschini**, Y. Levkovitz, V. Ameral, G.Papakostas. **Does the frequency of follow-up assessment affect clinical trial outcome? A Meta-Analysis and Meta-**

- regression of Placebo-Controlled Randomized Trials.** Int J Neuropsychopharmacol. 2011 May 4:1-8.
11. Y. Levkovitz, **E. Tedeschini**, G. Papakostas. **Efficacy of Antidepressants for Dysthymia: A Meta Analysis of Placebo Controlled Randomized Trials.** J Clin Psychiatry. 2011 Apr;72(4):509-14.
 12. N. Iovieno, **E. Tedeschini**, V. Ameral, M. Rigatelli, G. Papakostas. **Antidepressants for Major Depressive Disorder in Patients with a Co-Morbid Axis-III Disorder: A Meta-analysis of Patient Characteristics and Placebo Response Rates in Randomized Controlled Trials.** Int Clin Psychopharmacol 2011 Mar;26(2):69-74.
 13. **E. Tedeschini**, M. Fava, G. Papakostas. **Placebo-Controlled, Antidepressant Clinical Trials Cannot be Shortened to Less than Four Weeks Duration. A Pooled Analysis of Randomized Clinical Trials Employing a Diagnostic Odds Ratio-Based Approach.** J of Clinical Psychiatry 2011 Jan;72(1):98-118.
 14. Menchetti M, Bortolotti B, Rucci P, Scocco P, Bombi A, Berardi D; DEPICS Study Group (**E. Tedeschini**). **Depression in primary care: interpersonal counseling vs selective serotonin reuptake inhibitors. The DEPICS Study. A multicenter randomized controlled trial. Rationale and design.** BMC Psychiatry. 2010 Nov 25;10:97.
 15. M. Freeman, D. Mischoulon, **E. Tedeschini**, T. Goodness, L. Cohen, M. Fava, G. Papakostas. **Complementary and Alternative Medicine (CAM) for Major Depressive Disorder: A Meta-analysis of Patient Characteristics and Placebo Response Rates in Randomized Controlled Trials.** J Clin Psychiatry. 2010 Jun;71(6):682-8.
 16. **E. Tedeschini**, M. Fava, T. Goodness, G. Papakostas: **Relationship between probability of receiving placebo and probability of prematurely discontinuing treatment in double – blind, randomized clinical trials for MDD: a meta-analysis.** Eur Neuropsychopharmacol. 2010 Aug;20(8):562-7.

Books

- F. Starace, F. Mazzi, E. Tedeschini, F. Mungai, M. Ferrara, E. Carra, F. Kusmann, S. Baraldi, K. M. Lukacs, G. Solignani, V. Musella, A. Cervone. REFOCUS. Recovery in mental health services . Italian Edition 2014.
- F. Starace, F. Mazzi. E. Tedeschini, M. Ferrara, F. Mungai, E. Carra, F. Kusmann, S. Baraldi, KM Lukacs, G. Solignani, V. Musella, A. Cervone, D. Rebecchi. Cognitive Behavioural Therapy for Psychosis. Therapist Manual. Italian Edition: 2014. Australian Edition by Smith I., Nathan P., Juniper U., Kingsep P, Lim I. (2003).
- E. Tedeschini, P. Cassano, P. M. Fava: "Depression and public health: an overview" in Finkel, ML (ed). Perspectives in Public Health: Challenges for the 21st Century. Santa Barbara, CA: Praeger Publishers. 2010 .

Awards

- Award for a poster presented at the 3rd congress of the AIPP - Italian Society of Early Intervention in Psychosis, Modena, Italy, 2013.
- Selected for the New Investigator Award; NCDEU Congress June 2010.
- Selected for a scholarship to attend the Workshop "Clinical Trials in Psychopharmacology" New York (USA) April 2010