



ALBA MARIANI

DATE AND PLACE OF BIRTH

2 of April 2000
Ponte San Pietro (BG), Italy

CONTACTS

+39 3389225533
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Florence, Italy

SKILLS

- Public Relations
- Cross-functional teamwork
- Time Management
- Clear and Effective
- Communication
- Analytical and Critical Thinking

LANGUAGES

- English (Fluent)
- Italian (Fluent)
- Spanish (Fluent)

AREAS OF INTEREST

- Neuroscience
- Neurology
- Neuropsychology
- Clinical research
- Clinical assessments with
- Neuropsychological scales
- Neurodegenerative diseases

I am a neuroscience researcher with a strong background in psychology and cognitive neuroscience, and a particular interest in the interaction between brain function and behavioural processes. My academic and research experience has shaped a focus on sleep medicine, neurological disorders, and the impact of brain injury on cognitive and biological systems. I am motivated by translational research that bridges clinical observation and neuroscience theory. Having trained and worked in multiple international environments, I bring adaptability, cultural awareness, and strong communication skills to collaborative research settings.

EDUCATION

International School of MILAN – International Baccalaureate (IB) Diploma
(September 2015– May 2018)

City, University of London – Undergraduate diploma – BSC Psychology:
graduated with Distinction
(September 2018 – May 2022)

Goldsmiths, University of London – Postgraduate diploma – Msc Cognitive and Clinical Neuroscience: graduated with Distinction
(September 2022 – June 2023)

Università Vita-Salute San Raffaele – Magistrale Psicologia (neuroscience curriculum): graduated with 110 e lode
(September 2023 – September 2025)

WORK EXPERIENCE

Università Vita-Salute San Raffaele, Milan (IT): Tirocinio Pratico Valutativo (TPV)
(April 2024– June 2024, January 2025 – February 2025)

- Observation of sleep stagnation using EEG
- Observation of evaluations on collected data
- Observation of the administration of neuropsychological tests with neurological and psychiatric patients
- Participation in team meetings on clinical cases
- Observation of patient interviews for sleep disorders

Ente Ospedaliero Cantonale (EOC), Nuerocentro della Svizzera Italiana, Unit of Non-Invasive Brain Stimulation, Lugano (CH): Stage osservativo
(December 2025 – July 2026)

- Clinical application of non-invasive brain stimulation in patients with neurodegenerative disorders and depression
- Active collaboration in an ongoing research project at the Neurocenter
- Direct involvement in the writing and development of a meta-analysis focused on sleep disorders

Istituto di Neuroscienze (INS) del Prof. Stefano Pallanti: Psicologa
(August 2026 – ongoing)