

Michael Roger Burgdorf, M.D., M.P.H.

EDUCATION AND TRAINING

UNDERGRADUATE:

University of Notre Dame	Bachelor of Science 1997
Notre Dame, Indiana	

GRADUATE:

Tulane University School of Medicine	M.D. Degree 2001
New Orleans, Louisiana	

Tulane University School of Public Health	MPH Degree 2001
New Orleans, Louisiana	

POSTGRADUATE:

Tulane University School of Medicine	
General Surgery:	7/2001-9/30/2005

The University of Mississippi Medical Center	
General Surgery:	10/2005-6/30/2006

Administrative Chief Resident of Education:	2006-2007
---	-----------

The University of Mississippi Medical Center	
Plastic and Reconstructive Surgery:	2007-2009
Chief Resident:	2008-2009

BOARD CERTIFICATION:

The American Board of Plastic Surgery	2011
---------------------------------------	------

LITERARY AWARDS

The Mommy Makeover: Restoring Your Body After Childbirth

© Advantage Media Group	2015
-------------------------	------

Mom's Choice Awards-Silver	2016
----------------------------	------

Amazon Best Seller	
#1 Plastic Surgery	2015
#1 Plastic Cosmetic Surgery	2015
#2 Beauty, Grooming & Style	2015
#1 Hot New Release (Paperback)	2015
#1 Hot New Release (Kindle)	2015

The Daddy Do-Over: Boost Your Confidence in the Boardroom and the Bedroom

© Advantage Media Group	2018
-------------------------	------

#1 Amazon Best Seller- Plastic & Cosmetic Surgery	2018
---	------

HONORS & AWARDS

American Institute of Plastic Surgeons-

-----Top 10 Plastic Surgeons in TN 2025-2011

Nat. Academy of Plastic Surgeons- Top 10 Plastic Surgeon-TN 2025-2023, 2020

Fat Fighting World Championship Title Holder	2023/2024
Vitals Bedside Manner	2022
American Registry (Vitals.com) "Patient Choice Award"	2022 - 2011
Vitals.com On-Time Doctor Award	2019 -2017, 2014
America's Most Honored Professionals- Top1%	2020, 2019, 2016
Care Dash 5 Star Physician	2019
Americas Most Honored Professionals- Top 5%	2018, 2017
Americas Most Honored Doctors	2022,2021
Aesthetic Everything Awards: Top Plastic Surgeon Middle America	2018
Aesthetic Everything Awards: Top 100 Aesthetic Doctors	2018
Aesthetic Everything Awards: Top Breast Surgeon	2018
Aesthetic Everything Awards: Top Cosmetic Practice in the US	2018
Doctor's Choice Award-Silver Recipient	2018
Doctor's Choice Award City Recipient (Nashville)	2018, 2015, 2014
American Institute of Plastic Surgeons- 10 Best in TN	2016
Trademark Who's Who Top Doctors- Honored Member	2016
Leading Physicians of the World- Top Plastic Surgeon	2016
International Association of Plastic Surgery- Top Plastic Surgeon	2015
Top 3 Finalist (Body Contouring)- THE Aesthetic Academy Awards	2015
Doctor's Choice Award National Recipient	2014
RealSelf.com Top Doctor	2014-Present
Vitals.com Top 10 Plastic Surgeon Specialists- Tennessee	2014
Vitals.com Top 10 Plastic Surgeon Specialists- Nashville	2014
Worldwide Member of Worldwide Registry of Executives, Professionals and Entrepreneurs	2014
America's Top Plastic Surgeons Consumers' Research Council of America	2012, 2013, 2014
Leading Physicians of the World-Inductee	2012
American Registry (Vitals.com)"Most Compassionate Doctor"	2015 - 2011
Gold Humanism Honor Society—Inductee	2005
I. Mims Gage Teaching Award	2005
Humanism & Excellence in Teaching Award	2005
Selected to represent Tulane in Project Medical Education (an AAMC sponsored event)	2000
Academic Excellence Banquet Notre Dame	1995, 1996, 1997

RESEARCH/ PRESENTATIONS

Surgical Glove Hole Indication Comparison Between Biogel Indicator Systems/Biogel Double and Single Gloves and Other Double and Single Surgical Gloves-Regent Medical (sponsor). Lead Investigator: Michael R. Burgdorf, MD, MPH and Ronald Nichols, MD

J.R. Locker, G.J. Popham, J.E. Patt, M. Burgdorf, T.S. Whitecloud, III. Anterior Cervical Fusion: Prospective Analysis Using the SF-36 Questionnaire. Presentation at North American Spine Society, Chicago, 1999. Poster presentation AAOS, Orlando, 2000.

J. Simmons, A.N. Harraway, R.E. Schmieg, M. Burgdorf, J. Duchesne. Is there is a role for secondary thoracic ultrasound in patients with penetrating injuries to the anterior mediastinum: case report and review of the literature. Southeastern Surgical Congress 2/10/2007, Savannah, Ga.

M. Burgdorf, M.F. Angel. Mandible fractures from gunshot wounds: 3 different treatments. The University of Mississippi Medical Center Craniofacial Lecture. The University of Mississippi Medical Center, February 2007.

M. Burgdorf, E. Picarella, R. Davis, S. Das. Breast Mound: What is the perceived normal position? The James Harvey Hendrix, Jr. Lectureship. The University of Mississippi Medical Center, March 2007.

M. Burgdorf, J. Schimmel. Hughes Modified Tarsoconjunctival Flap. The University of Mississippi Medical Center Aesthetic and Reconstruction Surgery Lecture, The University of Mississippi Medical Center, July 2007.

M. Burgdorf, M.F. Angel. IVIG infiltration injury to the hand. The University of Mississippi Medical Center Visiting Professor in Plastic Surgery Lecture, The University of Mississippi Medical Center, September, 2007

M. Burgdorf, M.F. Angel. Orbital exenteration and coverage with a scalping flap. The University of Mississippi Medical Center Craniofacial Lecture. The University of Mississippi Medical Center, February 2008.

M. Burgdorf, J. Schimmel. Breast Reconstruction with Alloderm Sling. The James Harvey Hendrix, Jr. Lectureship. The University of Mississippi Medical Center. March 2008.

M. Burgdorf, M. Walkinshaw. Anterior lateral thigh free flap coverage of lateral tibial defect. The University of Mississippi Medical Center Aesthetic and Reconstruction Surgery Lecture, The University of Mississippi Medical Center, June 2008.

SCIENTIFIC PUBLICATIONS

Sander Florman, MD, Michael Burgdorf, MD, MPH , Kathleen Finigan, RN, Douglas Slakey, MD, Robert Hewitt, MD, Ronald Nichols, MD. The Efficacy of Double Gloving with an Intrinsic Indicator System. *Surgical Infections (Larchmt)*. 2005 Winter; 6(4):385-95.

Michael Burgdorf, MD, MPH. Douglas P. Slakey, MD, MPH. Tumors and Cysts of the Spleen. Shackelford's Surgery of the Alimentary Tract, 2007. Ch.130, pp1813-18.

J. Simmons, A.N. Harraway, R.E. Schmieg, M. Burgdorf, J. Duchesne. Is there is a role for secondary thoracic ultrasound in patients with penetrating injuries to the anterior mediastinum: case report and review of the literature. *American Surgeon*. 2008 Jan; 74(1):11-4

Michael R. Burgdorf, MD, MPH, Emile Picarella, MD, Michael F. Angel, MD. Mandible fractures in edentulous patients: associated complications and review of treatment. (submitted for publication)

MEDIA PUBLICATIONS

Claim Your Supermom Status Today with Nashville Plastic Surgeon Dr. Burgdorf. Miami Weekly. Debbi Compton. Feb 21, 2024

Dr. Burgdorf Helps Nashville Moms Stay Natural. Read How. The Beverly Hills Weekly. Feb 21, 2024

Dr Burgdorf: Nashville's Top Plastic Surgeon's Guide To Mommy Makeovers. Haute Living Feb 21, 2024

Mommy Makeovers: What you never knew about them. PSP Feb 21, 2024

See Why Nashville's Dr. Burgdorf is Your Bikini's Best Friend. The Dubai Weekly Feb 21, 2024

Discover the Magic of Motherhood Restoration with Michael Burgdorf: Nashville-based Plastic Surgeon. The Cali Weekly. Chris Gallagher Feb 21, 2024

Breast Implant Recall Creates Difficult Decision for Women. The Wall Street Journal, Brianna Abbot. Dec 17, 2019.

https://www.wsj.com/articles/breast-implant-recall-creates-difficult-decision-for-women-11576512776?shareToken=ste39e34d84d7342c8a4340bc142747762&reflink=share_mobilewebshare

What is Breast implant Illness? The Week Jul 25, 2019.

Plastic surgeries are on the rise among dads — here's why. FoxNews.com. Julie Relevant. June 8, 2017

Doctors See Surge in Men Seeking Surgery- Free Double Chin Solution. FoxNews.com. Julie Revelant. Nov 21, 2016

Men and Cosmetic Surgery. The Social Magazine. Feb/March 2013
www.thesocialmagazine.com

Plastic Surgery for the Man. Williamson Social Magazine, Dec 2011/Jan 2012
www.williamsonsocial.com

Turkey Neck. Williamson Social Magazine, Nov. 2011 www.williamsonsocial.com

Breast Reconstruction. Williamson Social Magazine, Oct 2011
www.williamsonsocial.com

The Window to the Soul: Blepharoplasty. Williamson Social Magazine, Sept. 2011
www.williamsonsocial.com

Botox Boost. Williamson Social Magazine, August 2011 www.williamsonsocial.com

Summer Sun Skin Care. Williamson Social Magazine, June/July 2011
www.williamsonsocial.com

Makeover Mom. Williamson Social Magazine, May 2011 www.williamsonsocial.com

Beach Body Ready? Liposuction. Williamson Social Magazine, April 2011
www.williamsonsocial.com

Reward Yourself: Abdominoplasty. Williamson Social Magazine, March 2011
www.williamsonsocial.com

A Personal and Unique Gift: Breast Augmentation. Williamson Social Magazine, Feb 2011 www.williamsonsocial.com

Medical Marketing: The Health of Your Practice in a Digital Era. Fresh Collaboration, 2014 (contributor) #1 Amazon Best seller

ORGANIZATIONS AND SOCIETIES

Professional

American Society of Plastic Surgeons (Active Member)	2011-Present
American Board of Plastic Surgery	2011
ISPRES (International Society of Plastic and Regenerative Surgeons)	2015-
TN Society of Plastic & Reconstructive Surgery	2009-Present
TN SMBA (TN Small Medical Business Association)	2014-Present

Tulane University General Surgical Residency

Graduate Medical Education Committee	2005
National Youth Leadership Forum—Speaker	2005
American College of Surgeons—Candidate	2004
ATLS Instructor	2003-2005

Tulane University School of Medicine

American Medical Association	1997-2001
National Delegate - Medical Student Section	1998-1999
Annual Meeting, Chicago	June 1998
Interim Meeting, Hawaii	December 1998
T.E.M.I.G.	1997-2001
(Tulane Emergency Medicine Interest Group)	
T1 Representative	1997-1998
Suture Clinic Co-Organizer/Participant	1997-1998
Participant	1998-1999
Instructor	1999-2000
Med Art	1997- 2001
Community Service Coordinator	1997-1998
Gallery Show Participant	1997, 1998, 1999, 2000
SARBA (Students Against Right Brain Atrophy)	1998-2001
Charter Member	1998
Visual Arts Section Chairperson	1998-1999
Tulane's Specialist Society	1997- 2001
President	1998-1999
Rudolph Matas Surgical Society	1997- 2001
Cadaver Memorial Service Committee	
program cover artist	1997

University of Notre Dame

Notre Dame Varsity Football	1994-1996
Notre Dame Encounter Participant/Team Member	1993-1997
Urban Plunge	1995

VOLUNTEER ORGANIZATIONS

A Vintage Affair—Board Member	2010-Present
Mercy Clinic	2015
Kutting Krewe	2005-Present
Charter Member	2005
Krewe of Orpheus—Mardi Gras Parade	
Krewe Member/Rider	2001-2005

Orpheus Kids
Jazz & Heritage Festival Medical Volunteer
SMILE - An American Cancer Society mentorship

Founder 2001
2003

Program	1997- 2001
D.O.C - Doctors Ought to Care (Heart Power)	1997-1998
Medical School Admissions- Interviewer	1998-2001
Catholic Church	
Knights of Columbus	2008
Confirmation Sponsor	1998
Eucharistic Minister	1993-1997