

LASER PROCEDURE PREPARATION GUIDE

The following will guide you through each step prior to, during, and after the procedure.

BEFORE YOUR PROCEDURE

- If you must reschedule or cancel your scheduled procedure, please notify us at least 48 hours in advance.
- Arrange to have someone drive you home. You cannot drive yourself.
- If you wear contact lenses, do not wear them in the eye(s) to be treated for 24 hours prior to your procedure.
- Please remove all eye and facial makeup before you come in for your procedure. Do not wear fragrances, perfumes, colognes, scented lotions or gels on the day of your procedure.
- Eat a light meal at the mealtime prior to your procedure.
- Wear warm, comfortable clothing. The procedure room is kept cool.

ON THE DAY OF YOUR PROCEDURE

- If you have not prepaid, plan to pay when you come in. You can pay for the procedure by cash, personal check, credit card, or a pre-approved payment plan. *Payment plans must be applied for and approved at least 3 days prior to your procedure date.*
- Your expected time of stay at Maloney-Shamie Vision Institute is about 2 hours.
- You will be offered a sedative to help you relax.
- You will be given a kit that contains your aftercare eye drops. If you are having LASIK, you will also be given a pair of protective goggles.

- ❑ One of our technicians will prepare you for the procedure by administering antibiotic drops and cleaning the area around your eyes.

AFTER THE PROCEDURE

- ❑ Do not swim or get into a hot tub/Jacuzzi/steam bath/sauna for 1 week after your procedure. You may shower or bathe freely.
- ❑ You may not wear eye makeup for 24 hours following your procedure. After 24 hours, you can wear brand new mascara and eyeliner only. Old mascara and eyeliner accumulate germs. You may resume wearing your old makeup after 1 week.
- ❑ Plan on having a follow-up appointment the day after your procedure.
- ❑ You will need a driver as you will take a sedative before the procedure.
- ❑ If you are having LASIK, plan to be able to work and do your normal activities with clear vision the next day. If you are having PRK, your vision will be blurry for about a week like wearing very dirty contact lenses. You can still work but you will not be working at full efficiency.