

# INFLUENTIAL WOMEN OF AUSTIN-SAN ANTONIO

What do you do if you 'grow up' in a principally man's space?

If you are a real life Barbie, you do what Dr. Michelle Cabret has done in that you create a world that empowers women.

Spending more than two decades as an internationally acclaimed surgeon and COO of two surgery centers with all female teams, it just seems natural for her to break down barriers. At a young age, she wanted to be a craniofacial surgeon. Her education started at UCSD and then on to UCLA for a DDS. There, she decided she wanted to take on what was believed to be 'the all boys club' of the highly prestigious double degree surgical residency at UT Southwestern where she also got her MD and general surgery training. Her UCLA professors warned "no female had ever done it." For over 30 years, Michelle Cabret, MD, DDS, was the only female to have completed the illustrious program.

Nationally known for her Mommy Makeover, she takes a holistic approach to beauty and wellness, helping women boldly and shamelessly reclaim their pre-pregnancy bodies. "Women are sometimes shamed as vain for wanting their pre-baby body, but that is simply untrue," she says. "Many lose glandular breast tissue, their skin is distorted, stretched and destroyed with stretch marks, some get a separation of the abdominal muscles weakening their core, some might even struggle with incontinence. It is truly my mission to restore deserved confidence. This work is deeply personal, and I have spent my career living by the adage - "Be the Woman who Fixes Another Woman's Crown Without Telling the World it was Crooked."



Photography & Make-Up by Michael Franco

