

BOTOX/CHOTOX(DYSPOORT)/XEOMIN

Pre-Treatment Instructions

We are so happy you decided to have aesthetic treatment with us. Our goal is to help you look and feel your best. Successful aesthetic treatment or surgery depends on several factors. To achieve optimal safe and effective results please follow these treatment instructions.

- Initial results from neuromodulator injections take approximately one to four days. Full results will be apparent in seven to fourteen days.
- Bruising and swelling are rare, but can happen. To minimize the risk of bruising, please avoid aspirin and ibuprofen, if possible, for one week prior to treatment.

Post-Treatment Instructions

- Avoid rubbing or massaging the treated area for several hours after treatment.
- Avoid strenuous activities, vigorous exercise, or becoming overheated the day of treatment.
- Come to your follow-up appointment in two weeks so that we can assess results, take after photos, and optimize if necessary.
- Ask your provider if you are not sure about the time frame of how to incorporate other services with neuromodulator. In general, we do recommend avoiding facial/laser treatments or microdermabrasion for seven to ten days after neuromodulator injections.

General good advice to protect your investment and maintain your skin: protect yourself from the sun.

- Avoid mid-day sun and seek shade when you are outside
- Wear hats and sunglasses
- Wear generous amounts of sunscreen every day. If you don't have a product you love, ask us for advice!

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