

Emtone Pre And Post Treatment Instructions

Emtone is a radiofrequency (RF) device with an integrated pressure energy massager that provides therapeutic heating for the purpose of elevating tissue temperature to increase local circulation. The Emtone massage device is intended to provide a temporary reduction in the appearance of cellulite and improve skin laxity. Recommend a series of 4 to 6 treatment sessions with a treatment interval of 2-3 days in between. Please take a moment to review our pre and post treatment instructions for optimal comfort and treatment efficacy.

Contraindications

- Current or a history of skin cancer or a current condition of any other type of cancer or pre-malignant moles
- A history of any kind of cancer
- Pregnancy/nursing or ongoing IVF procedure
- Polypus in the area of treatment
- A permanent implant in the treated area
- Any active condition in the treatment area, such as sores, psoriasis, eczema, and rash
- Skin related autoimmune diseases
- ***Please be sure to share your complete medical history with your provider so we can make sure this treatment is right for you.***

Specific Contraindications Related to RF Only:

- A pacemaker or internal defibrillator, or any other active electrical implant in the body
- Metal Implants
- An impaired immune system
- Isotretinoin in the past 6-12 months
- Radiation therapy and chemotherapy
- Poorly controlled endocrine disorders, such as diabetes
- Active collagen diseases
- Kidney or liver failure

Special Considerations Affecting Successful Outcome:

- Smoking
- Excess alcohol consumption
- Recent surgical procedures
- Eating disorders
- On-going medication
- Patient not well hydrate

Prior To Emtone Treatment:

- Please wear comfortable clothing on the day of your treatment.
- You will be asked to remove jewelry from the treatment area.
- Prior to your treatment: photography and markings will be taken for comparison on your follow up to track progress.
- The area of interest must be free from hair. The patient must shave the area prior to the treatment
- Please drink at least 8 cups of water a day starting 2 days before your treatment and for 2 days after your treatment to promote lymphatic drainage and fat reduction. We also encourage light physical activity after your treatment to help increase lymphatic drainage.

What To Expect During The Emtone Treatment:

- Treatment feels like a warm massage with occasional sensation of moderate to intense heat. This indicates that the treatment is achieving its goal. There is NO ANESTHETIC required with Emtone treatments.
- After your treatment, you may experience a brief period of mild redness lasting up to 30 minutes and mild swelling. Otherwise, there is no downtime associated with your treatments and you can resume your daily routine immediately without any restrictions.

Emtone Post Treatment Considerations:

- There may be very mild discomfort associated with the treatment
- Temporary erythema and local edema may appear immediately after the treatment
- Temporary loss of bodily sensation or itching in the targeted area
- Please drink at least 8 cups of water for 2 days after your treatment to promote lymphatic drainage. We also encourage light physical activity after your treatment to help increase lymphatic drainage.

For optimal results, it is important to follow the treatment plan that has been established for you. The results will typically continue to improve over the next few months.

Please contact our office at 281-404-5454 for any other questions and/or concerns.

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