

## PRE-TREATMENT INSTRUCTIONS: BOTOX® (NEUROTOXIN) INJECTIONS

The following instructions are essential to a safe experience and good outcome. This is essential to your health and safety.

### PRIOR TO YOUR INJECTION TREATMENT:

In general, the following is recommended prior to Botox ® treatment.

**Avoid the following medications and supplements before your Botox treatment, as bruising may occur with them.**

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|---|--|
| <input type="checkbox"/> Aspirin and medications containing aspirin | <input type="checkbox"/> Garlic Supplements              |
| <input type="checkbox"/> Ibuprofen and anti-inflammatory agents     | <input type="checkbox"/> Green Tea or green tea extracts |
| <input type="checkbox"/> Vitamin E                                  | <input type="checkbox"/> Gingko                          |
| <input type="checkbox"/> St. John's Wort                            |  |

Botox® will begin to take effect within 3 to 6 days following treatment. Follow-up treatment is recommended approximately every 3-6 months for frown line and facial treatment, or when you notice your conditions are returning to a pre-treatment state. However, you may call our office at any time with your concerns or for needed follow-up.