

PRE-TREATMENT INSTRUCTIONS: SOFT TISSUE FILLER INJECTIONS

The following instructions are essential to a safe experience and good outcome. This is essential to your health and safety.

PRIOR TO YOUR INJECTION TREATMENT:

In general, the following is recommended prior to soft tissue filler injections.

STOP taking or using the following no less than 2 weeks before your treatment. This may reduce any bruising that may occur.

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| <input type="checkbox"/> Aspirin and medications containing aspirin | <input type="checkbox"/> Garlic Supplements |
| <input type="checkbox"/> Ibuprofen and anti-inflammatory agents | <input type="checkbox"/> Green Tea or green tea extracts |
| <input type="checkbox"/> Vitamin E | <input type="checkbox"/> Gingko |
| <input type="checkbox"/> St. John's Wort | <input type="checkbox"/> Blood thinners |

If you request, or if Dr. Tanna recommends, you may be given a topical anesthetic cream to apply prior to arriving at our office. Follow instructions for applying the anesthetic creams exactly as directed. Icing is an alternative that may be recommended.