

ALBERT

PLASTIC SURGERY

Drain Care

- Keep the drain pinned to your clothes to prevent pulling & tugging at the skin Measure & record the output every time you empty the drains.
- Bring the log to your followup appointment.
- Please refer to the QR code below, to watch a video:



- Normal color of the output is clear / light yellow or red
- Keep the drain bulb compressed down so that it has negative pressure to suck out the fluid from the surgical site.
- One of the drains will be removed during your followup appointment (Facelift drains: Both drains will be removed 24hrs following the surgery; unless otherwise instructed by Dr Albert.
- When the output is <30 ml / less than 30 ml for two days in a row, call to schedule an appointment for removal.
- After the drain removal, cover the site with a bandage / band-aid, for one day. After one day, the hole will close. Shower and bathe as usual.

In the event that you see a dark, stringy lining, a clot, or fluid leaking around the tube where it enters the skin / incision site, preventing fluid to drain into the bulb, please follow the necessary steps to fix this issue:

Squeezing or "milking" the tube of your surgical drain can help prevent clogs so that it drains correctly:

1. Use one hand to hold and pinch the tube where it leaves the skin.
2. With the thumb and first finger of your other hand, pinch the tube just below where

you're holding it.

3. Slowly and firmly push your thumb and first finger down the tubing toward the end of the tube.

Repeat this as many times as needed to move the clot. 4.

Please refer to the QR code below, to watch a video: 5

Patient name _____ Surgery Date: _____

Date Amount Right Amount Left Time