

# RGH1

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### REAR D SAFETY HARNESS

**This one point safety harness comes with a single rear attachment point.**

This safety harness is to be used primarily with a fall arrest safety lanyard to provide basic fall protection. Meaning it can be used in vertical fall protection and restraint situations in either vertical or horizontal planes. Suitable for use with fall arrest blocks, however we recommend the addition of the RGL4 extension strop to facilitate easy connection.

/ Rear attachment point

Accredited to: EN 361:2002

Web material: 45mm RIDGE Protect anti-bacterial polyester\*

Max user weight: 140kg (when the max. force on the user/anchor is limited to <6kN)

Fittings: High tensile steel alloy

Weight: 900g

\* 14 times reduction in bacterial growth, according to ISO 20743:2013 contact with *K.pneumoniae*, commonly associated with healthcare infections such as *E.coli*



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## FEATURES



Fully adjustable



Rip stitch indicators



Rear attachment point



BACK VIEW

## SIZE GUIDE

Correct sizing is essential to the safety and comfort of a safety harness. Use this table to help select the appropriate size and feel free to give us a call if you need any assistance.

| Size              | SMALL                  | STANDARD                | LARGE                   | X-LARGE                 |
|-------------------|------------------------|-------------------------|-------------------------|-------------------------|
| <b>A</b><br>Chest | 36 - 42"<br>91 - 107cm | 42 - 50"<br>107 - 127cm | 50 - 54"<br>127 - 137cm | 54 - 58"<br>137 - 147cm |
| <b>B</b><br>Waist | 30 - 36"<br>76 - 91cm  | 36 - 44"<br>91 - 112cm  | 44 - 48"<br>112 - 122cm | 48 - 52"<br>122 - 132cm |
| <b>C</b><br>Hips  | 38 - 44"<br>97 - 112cm | 44 - 52"<br>112 - 132cm | 52 - 56"<br>132 - 142cm | 56 - 60"<br>142 - 152cm |

