

TATLER[®]

A woman is the central figure, wearing a white surgical cap and dark sunglasses. She is posing with her arms outstretched, wearing a white strapless dress. The background is a neutral, light-colored wall.

*Beauty &
Cosmetic Surgery
Guide 2023*

For Faces: *Dr Andrew Jacono,
New York City*

The surgeon who lifted Marc Jacobs' face has undercover celebrities and tycoons regularly slinking into his Park Avenue premises; and given that his lifts start at \$250,000, it's an unsurprising cohort. But, says Jacono, his patients 'become almost like members of the family'. Famed for his Extended Deep Plane Face-Lifts – of which he has performed more than 3,000 – you'll find him at figure-drawing classes in SoHo when not in scrubs; and to him, surgery is an artistic rather than technical endeavour. 'It's not a "pull-and-tug procedure", it's about sculpting in 3D,' he says. His approach contours the deep tissues of the face and neck, and often incorporates an advanced blepharoplasty, a lateral temple lift, fat grafting and a lip lift. 'With age, the distance between the top of the lip and the nose becomes greater,' he explains. Recovery is aided by hyperbaric oxygen therapy, which spurs healing and ensures his famous faces are camera-ready in just two weeks. Outside of the theatre, he's spearheading ever-more creative ideas; his latest venture being Bibliotheque – a wine bar-cum-bookshop. At 630 Park Avenue, NY 10065 (newyorkfacialplasticsurgery.com).

For Eyes: *Dr Olivier Henry
de Frahan, Paris*

Here's the thing about de Frahan (who is probably the best plastic surgeon in France). Even if you get an appointment with him, he might not want to work on you. Because he is that rare kind in his field: one who tells the truth. So he might opine that you're not ready for a mini-lift; or say he can't do your eyes in a way he feels is utterly natural. He is brutally honest, but refreshingly professional – and the closest thing to a sculptor that you'll find in an operating theatre. From an old, aristocratic Belgian family, de Frahan grew up in Africa. Trained as a surgeon in one of France's most prestigious hospitals, he has a select clientele of supermodels, actresses, friends, and devotees who do not want to look pulled or tight. His is the most natural of work; and his post-op service – such as daily follow-ups to change bandages – is legendary. 'How someone looks is a reflection of me,' he explains. With de Frahan, you undoubtedly reboot your appearance by a decade. At 15 rue de l'Amiral d'Estaing, 75116 Paris (docteurolivierdefrahan.com).

THE WORLD AND HIS KNIFE

*Fly me to Milan, Paris, California and Amsterdam...
Francesca Ogiermann-White rounds up the specialist surgeons
you and your PJ pilot should have on your radar*



For Filler: Dr Giulio Borbon, Milan

A few steps from Leonardo's *Last Supper* is Studio Borbon, a shrine to the Milanese *di moda* – and no ordinary clinic. Here, the medical scrubs are custom-made by Prada, while treatments range from regenerative medicine to surgery. Artfully executed, Borbon's injectables include his advanced PRO-FILL – deploying filler to improve the ratio between the facial thirds – as well as Face Harmonisation and a signature toxin. 'Over time, the ageing process changes the facial expression to angry or sad. I like to think I'm doing "emotional reappropriation" here,' he says. And where gravity has taken its toll, his facelifts, which use stem cells taken from the patients' own fat, help to reposition the deep tissues, restore volume loss and improve elasticity. Like any discerning creative director – of whom he treats many – Borbon knows that great concepts need time to develop; so he offers a year-long plan, spread over six sessions, to gradually achieve effective results. 'I study the face, its soft tissues and bones and then we start an evaluation. It's not an anything-goes approach. Most of the time, we say no.' At Piazza Giovine Italia 5, 20123 Milan (studioborbon.com).

For Botox: Dr Antoni Calmon, Paris

During Paris Fashion Week, the plush-carpeted waiting room of Calmon's clinic in the city's Golden Triangle sees more famous faces than the front row at a Dior show: 'A lot of our clients are cagey about telling people where they go for their work,' laughs Calmon, 'but they love that they come to the same place as super-models!' The master of injectables, who splits his time between Paris and London, is known for his couture approach to 'refreshing' the face. So, for example, he favours the brow line for Botox, rather than the forehead; and when it comes to 'barcode lines' – so typical of Parisian smokers – he'll inject tiny droplets of hyaluronic acid into the vermilion border, to rejuvenate the peri-oral area. Employing this 'less-is-more' philosophy, he aims to create lightness in the face, but without the wrinkle-obliteration that leads to a mono-expression. 'I hate the term "anti-ageing",' he says. 'It's far chicer to leave a few lines untreated.' At 35 avenue Franklin Roosevelt, 75008 Paris (drantonicalmon.com).

For Noses: Dr Paul Nassif, Beverly Hills

LA-born Nassif is the nose expert from reality TV's *Botched* – so naturally, he's in global demand for revision rhinoplasties. 'They're 75 per cent of what I do,' he says. 'You see, it's a fine balance between aesthetics and functionality: a typical patient wants a small nose, but they also need to be able to breathe properly.' Meanwhile, socialites and media stars line up for his Celestial Rhinoplasty, which lifts a fallen tip by stitching the cartilage of the latter to the septum: 'It gives a cuter-looking tip and, whether a patient is 16 or 70, they simply love it.' During his 20-plus years in practice, he's picked up clever preparation tricks. Take his spin on a medical-grade facial: the exfoliating pre-surgery Hydra-Facial includes a dehydration-banishing hydraglucan-booster of his own design. Or his post-procedural PRP gel, which he injects to supercharge healing. If you're lucky, you might catch him on a flying visit to his UK Medical Spa in Manchester. At 120 South Spalding Drive 301, Beverly Hills, CA 90212 (drpaulnassif.com).

For Dermatology: Dr Timm Golüeke, Munich

Skin guru to the Munich social set, this dapper dermatologist's patients swear by his Royal Fern products – the Purifying Solution banishes redness by means of tranexamic acid, and look out for soon-to-land new skin and hair supplements – but they're also smitten by his skin-perfecting treatments. 'Half my time is spent on dermatology, the rest is aesthetics,' says the doctor, who is the first in Germany to have the Agnes Double Tite. This three-in-one device combines radiofrequency and micro-needling with micro-droplets of hyaluronic acid, resulting in 'poreless' skin that shines with health. It's popular with male patients, who are slipping on to his table in rising numbers, he explains, 'because it is excellent for acne scarring on the back, which is problematic for some men'. Refreshingly frank, Golüeke will tell you if your toxin isn't working like it used to, or that numbing cream is 'purely psychological'. As for his Proffilo – which he places not in the standard five points, but where he feels the skin is sub-par – it's some of the best around. 'I do it by instinct,' he says. 'It has to be bespoke.' At Maximilianstrasse 30, 80539 Munich (drgolueke.de). ▷

AIR SMILES
The best specialist
surgeons have
a global reach

***For Breasts: Dr Lloyd B Gale,
New York City***

Gayle is a cool, calm and gentle surgeon. He wears a bow tie. He makes no great promises, just realistic predictions. And he is renowned in New York City, which abounds in plastic surgeons, as one of the very best, especially for such complex procedures as breast reductions and tummy tucks. But he's quiet – no shouting brass-and-chrome space in SoHo for him, rather an old-fashioned, old-school doctor's office on Park Avenue – and when it comes to managing expectations, he is honest and direct. A breast reduction might be painful, he'll tell you; the recovery may take weeks; there will be scars for some time, though these are excellent, and much-aided by his tidy needlework. (His team is equally wonderful: his chief assistant Pamela Messina guides patients through what a procedure will actually do.) Those who have gone under Gayle's care speak of his kind nature, the joyful results and his cheery demeanour. He remains on-call afterwards – and at follow-ups, he has been known to exclaim: 'Now that's perky!' At 1150 Park Avenue Suite 1F, New York, NY 10128 (lloydbgaylemdpc.com).

***For Breast Reconstruction:
Dr Steven Teitelbaum,
Santa Monica***

When a breast op has gone wrong, you want Teitelbaum in your corner. Straight-talking and much sought-after, the Santa Monica-based surgeon is not one to splash himself across social media: 'Your practice should be built on word of mouth,' he says. 'A celebrity's ability to vet a plastic surgeon is no better than the average person's.' Those who do find their way to his chic monochrome clinic are often there to address complex issues: perhaps to have a scar revised, their implants downsized or a capsular contracture removed. But revisions aside, he's also known for creating a pair of breasts so natural they appear God-given: perhaps using petite implants and hiding the scars in the crease, or removing an old implant entirely and replacing it with fat. However, he says, 'Most rewarding are the reductions: you can shape the breast with total creative freedom, and the quality of life that it restores to the patient is immense.' At 1301 20th Street 350, Santa Monica, CA 90404 (drteitelbaum.com).

***For Tummies: Dr Ali Pirayesh,
Amsterdam***

Pirayesh delivers to many a discerning client at his clinic in the Netherlands, as well as at Grand Resort Bad Ragaz in Switzerland. Models, movie stars, politicians, athletes: his is a database that requires discretion. Hence the demand for his Lipo Abdominoplasty, which enables him to shape the torso like a sculptor but leaves the most inconspicuous scars. First, there's power-assisted liposuction to the back; next, to the front, from the flanks to the mons pubis. Then he performs a traditional tummy-tuck that's meticulous in its muscle-repair. 'By pulling the fascia tight over the muscles, we can shape the body like an hourglass,' says the Iranian surgeon, who learned his protocols in Brazil. 'It's like an internal corset.' Pirayesh is also inventive and his creative streak sees him using such regenerative means as PRP to supercharge the healing process. He also combines his invasive work with laser, RF-assisted microneedling and cosmeceuticals. At Jan van Goyenkade 12-1, 1075 HP Amsterdam (amsterdamplasticsurgery.nl).

***For Bottoms: Dr Daniel Del
Vecchio, Boston***

In matters of the derrière, Harvard-trained Del Vecchio is the surgeon to see. For more than a decade, he has been key in researching the pitfalls of the Brazilian Butt Lift (BBL) – determining the correct way to augment buttocks using a patient's own fat – and has been painstakingly perfecting his technique since 2009. 'What's important is to never inject fat into the muscle, as there are major arteries running through and they could potentially carry the fat to the heart,' he explains. Guided ultrasound ensures accurate placement and he uses a vibrating cannula to inject slowly and precisely into the fatty layer of the bottom. 'And because we're restoring fat to its natural position, it gives a natural result,' says the surgeon, who splits his time between Boston, New York and London's Cadogan Clinic. 'It's great for the woman with kids, who feels their butt has deflated; but also, for creating shape where a patient previously had none.' At 38 Newbury Street Suite 502, Boston, MA 02116 (backbayplasticsurgery.com). □



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