

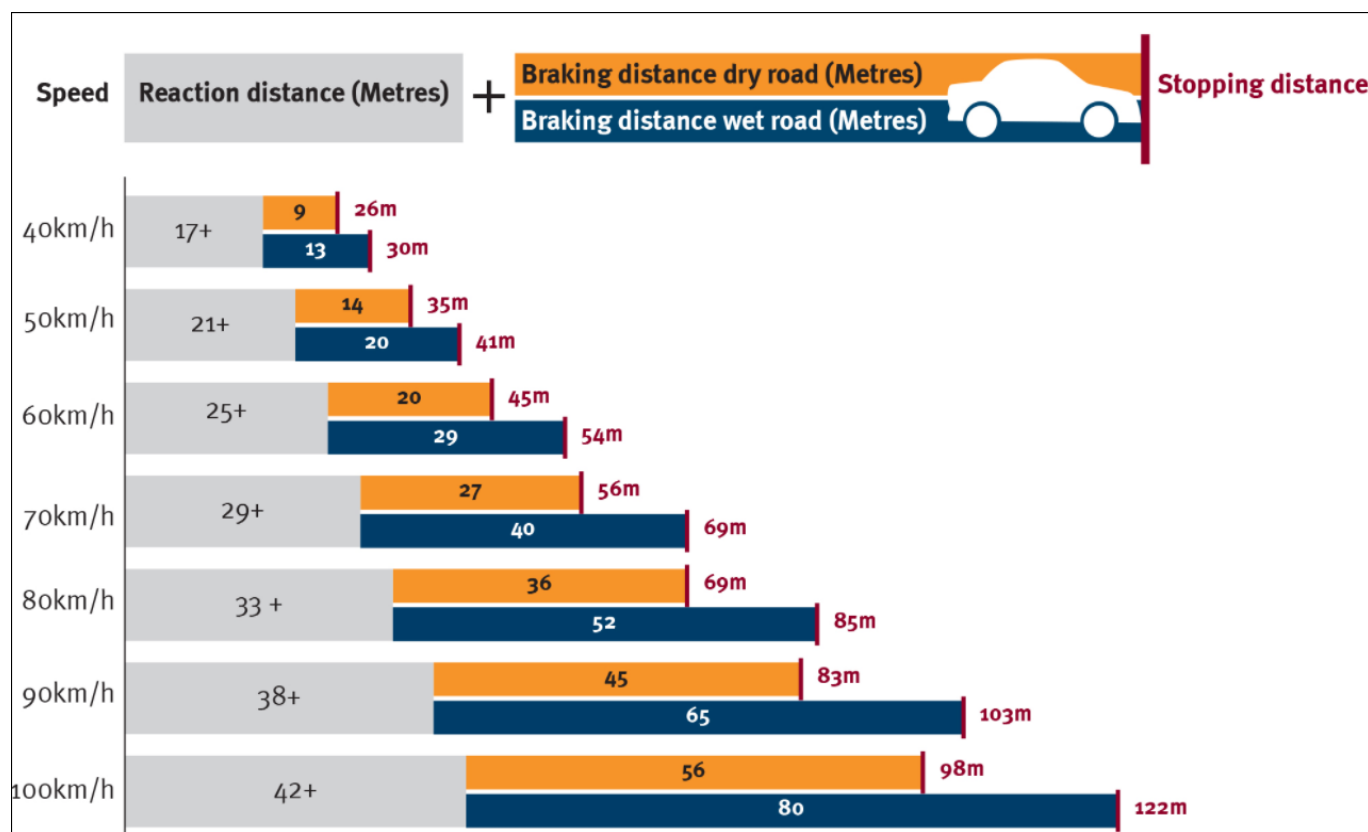
# SAFETY ALERT

## Driving and Winter Risks

The roads are slippery, the skids muddy, the hills wet and cold, the mornings foggy and the winds strong, as winters grip tightens on the country.

The AA has some useful tips on preparation for smart winter driving.

- Check your tire pressure, that your lights are working properly, and your windscreen wipers are not smearing.
- Use your headlights during the day when it is overcast and keep your windscreen clean inside and out.
- Watch out for sunstrike in the mornings and afternoons and put your visor down before the glare hits your windscreen.
- Drive within the speed limit at all times and to the conditions.
- Your stopping distance increase in the wet, monitor your speed and maintain the gap. Remember your 2 and 4-second rules, increase these gaps where possible when travelling long distances and in poor conditions. Look ahead, always scan up to 12 seconds up the road.
- Remember even if your visibility is fine, other people facing into the sun might be struggling to see you.



**Be a proactive winter driver and do not drop your guard.**