

Zero Fatalities
Zero Lost Time
Zero Road/Speed Incidents
Zero Environmental Incidents
Zero Tolerance of Unsafe Behaviours & Practices



## PF Olsen Toolbox Safety Alert 47

Date: August 2022	Focus Group:	Ground Workers
Topic: Slips, Trips and Falls	Issued by:	Craig Fisher

**Background and Incident:** A recent run of slip, trip, and fall incidents has prompted this timely reminder. Although most were 'minor' they still resulted in significant discomfort for the injured persons and in some cases, days off work as well (3 x LTIs).

**Injury Details:** Inc 8215 – slipped on greasy edge of sheep track while spot spraying – fell 10m and injured shin (LTI); Inc 9936 – previously weakened knee has given way on steep terrain, person slipped and incurred further injuries to same knee (LTI), and Inc 10774 – QC plotter slipped on wet uneven slope, badly twisting knee (LTI).

**Risk Awareness:** Forestry sites are typically uneven, often steep and in winter, slippery. Vegetation like long grass can be slippery (even in dry conditions) and loose dirt can easily give way. Previous knee/ankle injuries can impact on worker safety too.

**Safe Behaviours:** Think about your technique when walking in steep terrain:

- Think ask, where is my weight distributed? Lean into the inside edge of a track to minimise the chance of toppling over,
- Look for overgrown tracks where the edges are hidden and avoid standing in muddy, sloppy animal tracks which are generally soft and slippery,
- Check for traction on boots. Vibram rubber soles are renowned for good grip in slippery conditions but worn spikes are not (so replace these ASAP),
- Use your spade as a hill stick for support and to check potential footing safety.

For Site Manager:		
Print and complete the following:		
1. Discuss with employees/operators:		
2. Place on site notice board or in file:	Co.	
Site Manager: Date: / /		
(initials)		