

Riddhi Patel

(Rid-thee Puh-tell)

Summary

A passionate and inquisitive optometric professional enthusiastic to expand knowledge base. Perseverant and compassionate with the ability to communicate efficiently. Externships completed in diverse clinical settings including a veterans health administration, private practice MD-OD clinic with a dry-eye emphasis, and at the Illinois Eye Institute. Pursued an interest in ocular disease through residency in a hospital setting working and learning alongside optometrists and ophthalmologists. Currently providing clinical care in an MD-OD private practice setting with an emphasis on medical optometry.

Education

Saint Louis University – Saint Louis, MO

Bachelor of Science

May 2019

Major: Biology

Minor: Public Health

Illinois College of Optometry – Chicago, IL

Doctor of Optometry - Magna Cum Laude

May 2023

Dean's List - 9 time recipient

Clinical Dean's List - 3 time recipient

GPA 3.85

NBEO: Board Certified

University of Chicago – Chicago, IL

Ocular Disease Resident

July 2023 - July 2024

Clinical Experience

Tallahassee VA Health Care Center – Tallahassee, FL

Ocular Disease Extern

May 2022 - Aug 2022

- Treated a variety of disease ranging from corneal dystrophies to glaucoma
- Shadowed ophthalmologists to observe treatment and surgical procedures of diseases that include the posterior segment of the eye

Illinois Eye Institute – Chicago, IL

Ocular Disease, Contact lens, and Pediatric Extern Aug 2022 - Nov 2022

- Managed several pediatric cases through vision therapy and prescriptions
- Fit and prescribed soft contact lenses, RGPs, scleral lenses, and hybrid lenses
- Treated anterior and posterior segment cases in an advanced care and urgent care setting through the advanced ophthalmic care suite

MyEyeDr. – Lake Zurich, Elk Grove Village, Vernon Hills, IL

Primary Care Extern Nov 2022 - February 2023

- Fit soft contact lenses for high volume of patients

Michiana Eye Center – Mishawaka, IN

Contact Lens and Ocular Disease Extern February 2023 - May 2023

- Managed several dry eye cases under a fully operating dry eye clinic
- Treated several urgent care cases daily

University of Chicago Medicine – Chicago, IL 60636

Ocular Disease Resident July 2023 - July 2024

- Provide direct care in primary optometry and ophthalmology subspecialty clinics
- Order pertinent lab work and neuroimaging
- Participate in grand rounds and journal clubs

Chicago Arbor Eye Institute – Merrionette Park, IL 60803

Medical Optometrist August 2024 - Current

- Directly treat a range of anterior segment ocular diseases and manage posterior segment diseases
- Manage post-operative patients for both cataract and glaucoma surgeries

Licenses:

Illinois Optometric License	<i>Active</i>
Optometric Controlled Substances License	<i>Active</i>

Research Experience & Presentations

Poster Presentation: October 2022
Mehta V, Patel R, Bhatt V, Macias D, Tank S. Prevalence of Central Serous Chorioretinopathy at the Illinois Eye Institute before and during the Covid-19 Pandemic. American Academy of Optometry Program 2022

Poster Presentation:

October 2023

Patel R, Quan S, Amin P. Uncovering Diplopia. American Academy of Optometry Program 2023

Poster Presentation:

February 2024

Patel R, Amin P, Quan S, Koepke M, Seedat S. A Crisis in Clinic. Heart of America 2024

Poster Presentation:

November 2024

Patel R, Amin P. Effect of Pupil Size, Media, and Glaucoma Severity on SD-OCT RNFL Measurements. American Academy of Optometry Program 2024

Funding

IOA travel grant for Academy 2022

October 2022

Allergan Resident Travel Grant for Academy 2023

October 2023

ISPB Research Grant 2023

October 2023

Leadership Experience

All Bonding through Life and Eyes (ABLE)

Academic Liaison

May 2020 - May 2022

- Planned a pumpkin painting stress relieving event in cooperation with another ICO organization
- Emphasized importance of taking care of yourself and engaged in meetings with that mission in mind

Beta Sigma Kappa Honor Society

President

May 2021 - May 2022

- Organized all ICO chapter affairs
- Invited new members and led them through the application process
- Organized an end-of-year banquet in downtown Chicago
- Communicated with the ICO advisor and national BSK executive director

Academic Coaching

Program Facilitator

May 2021 - May 2022

- Communicated with all executive board members and worked closely with the assistant dean for student success regularly to plan events and discuss the future of the organization

Teaching & Tutoring Experience

Tutor:

Aug 2021 - May 2023

*Clinical Methods and Procedures 1, Clinical Methods and Procedures 3,
Gross Anatomy, Ocular Anatomy, Microscopic Anatomy, Retina 1 and 2,
Vision Science, Pharmacology, Anterior Segment Disease 1 and 2, and Contact Lens 1 and 2*

Teaching Assistant:

Gross Anatomy:

- Led weekly discussions and hands-on activities with anatomical models

Ocular Anatomy:

- Created practice test questions and held weekly office hours

Clinical Methods and Procedures 1, Clinical Methods and Procedures 3:

- Taught introductory and binocular vision clinical skills: Pupils, EOMs, CVF, Cover Test, HRR color test, Stereopsis testing, Prism Bar and Risley Prism Vergences, Maddox rod and Von Graefe phoria, NRA/PRA, FCC, and MEM

Retina/Neuro 2:

- Taught students cranial nerve testing and scleral depression

Binocular Vision Disorders 2:

- Assisted faculty members grading weekly labs

Organizations/Affiliations

All Bonding through Life and Eyes (ABLE), <i>Member</i>	<i>Aug 2019 - May 2023</i>
Academic Coaching, <i>Member</i>	<i>Aug 2019 - May 2023</i>
Multicultural Association, <i>Member</i>	<i>Aug 2019 - May 2023</i>
Beta Sigma Kappa Honor Society, <i>Member</i>	<i>Sep 2020 - Current</i>
Tomb & Key Honor Society, <i>Member</i>	<i>Jan 2022 - Current</i>

Certifications

CPR and AED Certification
Ortho-K certification for Paragon

Languages

Fluent in English and Gujarati