

# Riddhi Patel

(Rid-thee Puh-tell)

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## Summary

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A passionate and inquisitive optometric professional enthusiastic to expand knowledge base. Perseverant and compassionate with the ability to communicate efficiently. Externships completed in diverse clinical settings including a veterans health administration, private practice MD-OD clinic with a dry-eye emphasis, and at the Illinois Eye Institute. Pursued an interest in ocular disease through residency in a hospital setting working and learning alongside optometrists and ophthalmologists. Currently providing clinical care in an MD-OD private practice setting with an emphasis on medical optometry.

## Education

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### **Saint Louis University** – Saint Louis, MO

*Bachelor of Science*

*May 2019*

*Major: Biology*

*Minor: Public Health*

### **Illinois College of Optometry** – Chicago, IL

*Doctor of Optometry - Magna Cum Laude*

*May 2023*

*Dean's List - 9 time recipient*

*Clinical Dean's List - 3 time recipient*

*GPA 3.85*

*NBEO: Board Certified*

### **University of Chicago** – Chicago, IL

*Ocular Disease Resident*

*July 2023 - July 2024*

## Clinical Experience

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### **Tallahassee VA Health Care Center** – Tallahassee, FL

*Ocular Disease Extern*

*May 2022 - Aug 2022*

- Treated a variety of disease ranging from corneal dystrophies to glaucoma
- Shadowed ophthalmologists to observe treatment and surgical procedures of diseases that include the posterior segment of the eye

**Illinois Eye Institute – Chicago, IL***Ocular Disease, Contact lens, and Pediatric Extern**Aug 2022 - Nov 2022*

- Managed several pediatric cases through vision therapy and prescriptions
- Fit and prescribed soft contact lenses, RGPs, scleral lenses, and hybrid lenses
- Treated anterior and posterior segment cases in an advanced care and urgent care setting through the advanced ophthalmic care suite

**MyEyeDr. – Lake Zurich, Elk Grove Village, Vernon Hills, IL***Primary Care Extern**Nov 2022 - February 2023*

- Fit soft contact lenses for high volume of patients

**Michiana Eye Center – Mishawaka, IN***Contact Lens and Ocular Disease Extern**February 2023 - May 2023*

- Managed several dry eye cases under a fully operating dry eye clinic
- Treated several urgent care cases daily

**University of Chicago Medicine – Chicago, IL 60636***Ocular Disease Resident**July 2023 - July 2024*

- Provide direct care in primary optometry and ophthalmology subspecialty clinics
- Order pertinent lab work and neuroimaging
- Participate in grand rounds and journal clubs

**Chicago Arbor Eye Institute– Merrionette Park, IL 60803***Medical Optometrist**August 2024 - Current*

- Directly treat a range of anterior segment ocular diseases and manage posterior segment diseases
- Manage post-operative patients for both cataract and glaucoma surgeries

**Licenses:**

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**Illinois Optometric License***Active***Optometric Controlled Substances License***Active***Research Experience & Presentations**

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*Poster Presentation:**October 2022*

Mehta V, Patel R, Bhatt V, Macias D, Tank S. Prevalence of Central Serous Chorioretinopathy at the Illinois Eye Institute before and during the Covid-19 Pandemic. American Academy of Optometry Program 2022

*Poster Presentation:* *October 2023*  
Patel R, Quan S, Amin P. Uncovering Diplopia. American Academy of Optometry Program 2023

*Poster Presentation:* *February 2024*  
Patel R, Amin P, Quan S, Koepke M. Seedat S. A Crisis in Clinic. Heart of America 2024

*Poster Presentation:* *November 2024*  
Patel R , Amin P. Effect of Pupil Size, Media, and Glaucoma Severity on SD-OCT RNFL Measurements. American Academy of Optometry Program 2024

## **Funding**

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IOA travel grant for Academy 2022	<i>October 2022</i>
Allergan Resident Travel Grant for Academy 2023	<i>October 2023</i>
ISPB Research Grant 2023	<i>October 2023</i>

## **Leadership Experience**

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All Bonding through Life and Eyes (ABLE)  
*Academic Liaison* *May 2020 - May 2022*

- Planned a pumpkin painting stress relieving event in cooperation with another ICO organization
- Emphasized importance of taking care of yourself and engaged in meetings with that mission in mind

Beta Sigma Kappa Honor Society  
*President* *May 2021 - May 2022*

- Organized all ICO chapter affairs
- Invited new members and led them through the application process
- Organized an end-of-year banquet in downtown Chicago
- Communicated with the ICO advisor and national BSK executive director

Academic Coaching  
*Program Facilitator* *May 2021 - May 2022*

- Communicated with all executive board members and worked closely with the assistant dean for student success regularly to plan events and discuss the future of the organization

## Teaching & Tutoring Experience

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### **Tutor:**

*Aug 2021 - May 2023*

*Clinical Methods and Procedures 1, Clinical Methods and Procedures 3,  
Gross Anatomy, Ocular Anatomy, Microscopic Anatomy, Retina 1 and 2,  
Vision Science, Pharmacology, Anterior Segment Disease 1 and 2, and Contact Lens 1 and 2*

### **Teaching Assistant:**

*Gross Anatomy:*

- Led weekly discussions and hands-on activities with anatomical models

*Ocular Anatomy:*

- Created practice test questions and held weekly office hours

*Clinical Methods and Procedures 1, Clinical Methods and Procedures 3:*

- Taught introductory and binocular vision clinical skills: Pupils, EOMs, CVF, Cover Test, HRR color test, Stereopsis testing, Prism Bar and Risley Prism Vergences, Maddox rod and Von Graefe phoria, NRA/PRA, FCC, and MEM

*Retina/Neuro 2:*

- Taught students cranial nerve testing and scleral depression

*Binocular Vision Disorders 2:*

- Assisted faculty members grading weekly labs

## Organizations/Affiliations

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All Bonding through Life and Eyes (ABLE), <i>Member</i>	<i>Aug 2019 - May 2023</i>
Academic Coaching, <i>Member</i>	<i>Aug 2019 - May 2023</i>
Multicultural Association, <i>Member</i>	<i>Aug 2019 - May 2023</i>
Beta Sigma Kappa Honor Society, <i>Member</i>	<i>Sep 2020 - Current</i>
Tomb & Key Honor Society, <i>Member</i>	<i>Jan 2022 - Current</i>

## Certifications

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CPR and AED Certification  
Ortho-K certification for Paragon

## Languages

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Fluent in English and Gujarati