



kintsugi wellness

we want everyone in wagamama to feel supported with their mental health

we'd encourage you to speak to your line manager if you need any support, or one of the external providers below

who should i contact if i feel i'm not coping very well or need to speak about my mental health?

sometimes we can all find it a struggle to balance the demands of work, family and relationships. through our external support programme care first (eap) you will have access to a team of specialists who provide 'in-the-moment' practical information and advice services around issues that may be affecting you at home or at work. care first also provides access to a team of trained counsellors offering support at the most difficult of times

confidential telephone counselling and advice + guidance is available 24 hours a day, 365 days a year on 0800 015 5630



independent confidential hotline | safe sanctuary |

safe sanctuary is here to provide a place where any member of the wagamama family can call or report any serious occurrence of unethical behaviour, like discrimination, harassment or health + safety concerns. we encourage everyone to speak with their line manager in the first instance to review any concerns, though if you don't feel comfortable raising with your manager or a member of the people team you can contact safe sanctuary in confidence

24 hours a day, 365 days a year | multilingual offering | wagamama.ethicspoint.com | 0808-196-5837



who can i contact if i have a problem that i don't want to discuss with my manager?

safe sanctuary |

24 hours a day, 365 days a year

independent + confidential

multilingual offering

online wagamama.ethicspoint.com

phone | 0808 196 5837

your people business partner |

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