

wagamama kids menu



kids bento build your own £7.50

served with:

'prawn' crackers (vg) 62 kcal



add a kids drink
or dessert for £1.50
or enjoy a free cococino 48 kcal

930

1 start with your fave main

- [930] chicken katsu 158 kcal [932] grilled chicken 136 kcal [934] fried tofu (vg) 83 kcal
[931] yasai katsu sweet potato (vg) 334 kcal [933] fish bites 249 kcal

2 bring on the sauce (vg)

- katsu curry 60 kcal
sweet amai 20 kcal

4 pick a veg (vg)

- carrot 16 kcal
cucumber 6 kcal
sweetcorn 77 kcal

3 rice or noodles?

- soba noodles (v) 199 kcal
rice noodles (vg) 177 kcal
rice (vg)
sticky / white / brown
181 kcal 192 kcal 178 kcal

5 choose your gyoza

- chicken gyoza 51 kcal
yasai | veggie gyoza (vg) 55 kcal

or go for a classic dish

kids katsu

- [971] **chicken katsu** 6
white rice, carrots, cucumber, sweetcorn, katsu curry sauce (430 kcal) or sweet amai sauce (392 kcal) on the side
[972] **yasai katsu** 5.5
breaded sweet potato + butternut squash, white rice, carrots, cucumber, sweetcorn, katsu curry sauce (548 kcal) or sweet amai sauce (509 kcal) on the side

kids noodles

- [940] **yaki soba** 6
chicken, noodles, sweet amai sauce, egg, mangetout, peppers, sweetcorn 398 kcal
[10940] for a non-gluten diet, choose rice noodles and remove amai sauce 355 kcal
[941] **yasai yaki soba (v)** 5.5
tofu, noodles, sweet amai sauce, egg, mangetout, peppers, sweetcorn 394 kcal
[11941] for a plant-based diet, remove egg and choose thick udon noodles (322 kcal) or flat rice noodles (333 kcal)
[10941] for a non-gluten diet, remove egg + amai sauce and choose rice noodles 313 kcal

kids ramen

- [920] **chicken ramen** 6
noodles, chicken broth, carrots, pea shoots, sweetcorn 400 kcal
[10920] for a non-gluten diet, choose rice noodles 378 kcal
[927] **yasai ramen (v)** 5.5
tofu, noodles, veggie broth, carrots, pea shoots, sweetcorn 324 kcal
[11927] for a plant-based diet, choose thick udon noodles (302 kcal) or flat rice noodles (302 kcal)
[10927] for a non-gluten diet, choose rice noodles 302 kcal

kids rice

- [977] **cha han** 5
chicken, white rice, egg, carrots, mangetout, sweetcorn, sweet amai sauce 390 kcal
[10977] for a non-gluten diet, remove amai sauce 370 kcal
[978] **yasai cha han (v)** 4.5
tofu, white rice, egg, carrots, mangetout, sweetcorn, sweet amai sauce 387 kcal
[11978] for a plant-based diet, remove egg 347 kcal
[10978] for a non-gluten diet, remove egg + amai sauce 327 kcal

kids drinks

- juice** 3
[910] **orange (v)** 84 kcal [910] **apple** 80 kcal
or a combination of both (v) 89 kcal
cawston press juice drink 3.3
[908] **apple + pear** 54 kcal
[909] **apple + summer berries** 50 kcal
[912] **cococino (v)** free
warm frothed whole milk (48 kcal), oat (vg) and semi-skimmed milk available

kids desserts

- [946] **mini brownie bite (v)** 2.5
chocolate brownie, icing sugar 180 kcal
[913] **vanilla ice cream (v)** 2.5
one scoop of vanilla (127 kcal) with toffee (145 kcal), passion fruit (138 kcal) or chocolate sauce (144 kcal)
[914] **tropical ice pop** 21 kcal 2.5



910



946

guide ethan

can you help ethan the egg choose the right path and reach his friends



allergies + intolerances allergies + intolerances if you have a food allergy or intolerance, please let your server know before you order, on every visit, and we'll provide you with our allergy guide with the 14 legally defined allergens. we take every care to prevent cross-contamination but can't guarantee your dish will be free from allergenic ingredients as our food + drinks are prepared in busy kitchens where cross-contamination may occur. menu descriptions don't list all ingredients, and recipes are subject to change. for full allergen + nutritional information | wagamama.com/allergen-information

bento mix up

unscramble these food words that you might find in a bento box

- ★ **futo** →
a soft squishy food made of soybeans. ours is called troy!
- ★ **zygoa** →
a yummy little dumpling with meat or vegetables inside
- ★ **cire** →
little white grains you might have with curry
- ★ **cartor** →
they're orange and a favourite of rabbits

answers
ethan path 2 bento mix up tofu, gyoza, rice, carrot.

