



THE MEF INSIGHT

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*The School of Foreign Languages
wishes everyone a great semester!
Welcome Class of 2023-24!*



CENTENARIAN SYCAMORE

Görkem Bircan Berkil
Business Administration



A republic, as we all know, is the name given to a regime in which the people have the authority to choose the people who will rule them. This fortress, which many nations fought bloody wars for access to and coped with both internal and external enemies, was quite difficult to establish and destroy. It was founded exactly a hundred years ago with the superior success of the Turks. This difficult struggle took a lot of material and spiritual things from the Turkish nation. But it gave it the Republic.

The Ottoman state, which emerged from the First World War seriously injured, was surrounded by imperialist, greedy states from all sides. The Greeks in western Anatolia, the French and Italians in the south, and the Armenians in the east were trying to break up the 600-year-old Ottoman Empire and add it to their own territories. The Turkish people, who did not know what to do, were desperately looking for a way out. The government of the period ignored the situation in which the people were decamped and wanted to save themselves and divide the country into occupying states. So much so that this view was also supported by some sections of the people, and they agreed to be under the protection of other states. Of course, most of the Turkish people who were fond of independence were ready to do everything against this idea and for the sake of independence. All that was needed after that was a hero who would ignite the fuse of independence.

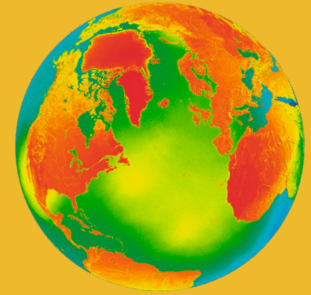
The person who would undertake this task was Mustafa Kemal, who opened his eyes to the world in Thessaloniki in 1881. The independence fire he lit in Samsun on May 19, 1919, gathered all the Turks who said, 'Either independence or death!' under a single roof; and they completely cleared the occupying forces from the dormitory. The order of the motherland, which was liberated from enemy occupation with numerous losses, was worn with the proclamation of the Republic on October 29, 1923. And this year is the centenary of the proclamation of the Republic, which is our pride. Happy centenary of our achieving the Republic!

With respect, love, and mercy to all Turkish soldiers, especially Gazi Mustafa Kemal and his fellow fighters...



VISIBLE EFFECTS OF GLOBAL WARMING AND CLIMATE MIGRATION

Engin Can Yayla, Faculty of Law, Class of 2023



Global warming can be defined as the increase in average temperatures on the earth's surface as a result of the accumulation of greenhouse gases in the atmosphere. In recent years, global warming has been discussed frequently in print, broadcast and social media. While this is a problem that has been talked about since the industrial revolution, the reason why it has been talked about so much lately is, of course, that it has clearly shown its effects.

Increasing the soil by evaporating the water in it. This makes it easier for vegetation to ignite and for fires to spread. Therefore, as average temperatures increase, the frequency of fires and the size of the areas affected by fires also increase.



Australia @March 23, 2021

Global warming causes significant changes in the climate system. Increasing temperatures mean hotter summers and longer, hotter spells. The temperature increase affects evaporation and increases the likelihood

of more frequent and severe weather events, especially natural disasters such as storms, hurricanes and floods. According to experts, the flood disaster in Libya in the past weeks is one of the consequences of global warming. In addition, the heavy rain in Greece and the accompanying floods are also caused by global warming. According to reports, 300 liters of rain fell per square meter in some regions. Of course, we do not see the effects of global warming only in heavy rain and floods; fires also show us the dire consequences.



Canada @ July 2023

According to the report published by the United Nations Environment Program, forest fires on a global scale are expected to become 14% more frequent and intense by 2030, 30% by 2050 and 50% by the end of this century. The information I have conveyed is something that almost everyone knows and experiences. In my article, I would like to focus on the potential migration movement that will be caused by the increasingly visible effects of global warming.



China @2019

Migration, in its simplest definition, is the movement of people to another region after illness, war, political tension, social disorder and similar problems. The reasons for migration that have been taught to us for years are as follows: emergence of epidemic diseases, war, political conflicts, and economic collapse due to financial difficulties. A new one has been added to these: climate. Climate migration refers to movement under the influence of sudden or gradual climate-exacerbated disasters such as abnormally heavy rainfall, prolonged droughts, desertification, environmental degradation or sea level rise, and cyclones. Although this migration often occurs within countries, recently climate migration has been crossing borders, causing people to leave countries. Climate-related disasters disproportionately affect marginalized populations who often face other structural challenges in climate-vulnerable regions and countries. In addition to the observed effects of global warming, the biggest impact that will be observed in the coming years will be the migration it causes.



Pakistan @ 2023



THE PROBLEM OF THE LAW'S FAILURE TO PROTECT CLIMATE MIGRANTS

Climate migrants do not have a fully recognized status in the context of international law. Existing international legal systems are often inadequate to recognize and protect people displaced by climate change. However, awareness on this issue is increasing and some countries and international organizations are working to provide better protection to climate migrants and secure their rights. In particular, the United Nations High Commissioner for Human Rights and other relevant organizations work on climate change and environmental migration. However, legal regulations and protection measures in this field are still insufficient and an international agreement or general framework on the subject has not yet been established.

Climate migrants often face a complex and challenging situation in terms of legal protection. Therefore, the international community needs to strengthen the legal framework in this area and protect the rights of climate migrants more effectively. In today's world, considering the dissatisfaction and disdain of some societies towards people who have migrated for whatever reason, it is a matter of curiosity what the attitude of countries that are not much affected by global warming will be towards climate immigrants in the waves of migration that will occur as a result of the destructive effects of global warming. Will legal remedies be produced against these migrants, who are not provided with full legal protection, and a new agreement prepared to include them within the scope of international protection, or will old agreements be revised? Time will tell, but it is estimated that we will encounter a major migration problem in the near future – it is even considered certain.



The Role of Primitive Instincts and the Desire for Deification in the Formation of Vampire Myths

Sude Çakmakgözlüoğlu
Faculty of Education



"Blood" is a concept that can extend from myths to fairy tales, from fairy tales to epics, and even from epics to tragedies. In both written and oral sources, it is used as a metaphor, a symbol with its intense red color. When the concept of blood is considered with Freud's Psychoanalytic Theory, it can be seen how it is taken by the individual's subconscious. According to this theory, every individual has paraconscious thoughts, emotions, and desires. And the human mind hides these desires perfectly. The words we say by mistake and the actions we take without realizing it are the outpourings of our repressed desires. So, can we say that the concept of blood is frequently used as a metaphor to embody the primitive instincts of human beings?

Blood is often encountered in the myths and fairy tales produced by human beings, but sometimes this is not directly conveyed. For instance, by using the color red on objects or clothes, it can be conveyed to the reader or the audience that the blood metaphor is used. This metaphor can be seen in the tale of Little Red Riding Hood. The little girl's red cap in this tale indicates that she has entered puberty, that is, the menstrual period. Some critics also claim that this color symbolizes the girl's virginity. In general, blood in this tale is a symbol of youth, immaturity, and, purity.

A name from history can be given as an example of evidence that blood is a concept that symbolizes youth, vigor and beauty in the human mind: Elizabeth Báthory. This Countess has a very bad reputation in history. Some sources even claim that she was the world's first serial killer. Báthory, who was afraid of getting old and wanted to stay young forever, slapped a servant who hurt her while combing her hair so harshly that the blood started flowing from the young girl's cheek and splashed onto Báthory's hand. At that moment, she thought that she had taken away the beauty and purity of the young and virgin servant. Subsequently, Báthory often made baths of blood to prevent herself from growing old by killing young, virgin girls and draining their bodies. Her story is significant to see the expression of human's primitive instincts and desire to be immortal, as well as in the emergence of the vampire myth.



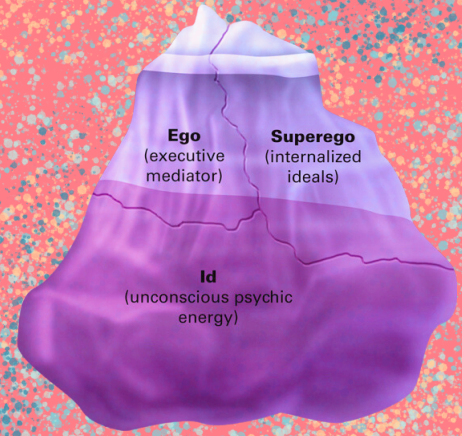
Bran: the infamous blood lust castle of Transylvania

So is all this just to stay beautiful and young? Do human beings concretize the concept of blood so much just because they subconsciously want these things? No. Of course, these are included, but it is necessary to add another desire: the desire for immortality and deification. Renown geologist Celal Şengör explained how human beings formed the concept of God and on what basis. According to him, people primarily believed that the sky was God. The sky was very wide and endless. They saw the sky everywhere. They thought that when God was angry, he was speaking with them by using the stormy weather with its thick voice. Tengrism, an early belief system on the Central Asian Steppe, is also derived from here. When all these definitions of God are analyzed, it can be understood that the human mind sees God as a physically large, invincible “male” figure. This idea is similar in religions: God does not age, does not disappear – and does not die. He is a supreme and great being.

As already mentioned, in Freud's Psychoanalysis Theory, human beings contain many repressed emotions in their subconsciouses. One of these is the desire for deification – for becoming godlike.

With all these examples, it is possible to understand how the vampire myth emerged.

The vampire, which often appears in literary works and cinema as a person who lives in a large castle, is immortal, and survives by drinking blood, is a species that people secretly try to resemble.



To understand the vampire myth, which has become a symbol of humanity's repressed desires, it is necessary to know Freud's concept of the id. “Id” is the whole of the behaviors and desires that a person defines as bad or immoral for the environment and thus suppresses. When this definition is reconciled with the vampire myth, it is clear that the vampire myth also resides in the human mind as an id. The vampire myth is also an expression of the desire for immortality and youth, the desire for deification; that is, the id, that human beings always keep within themselves. Subjects such as fairy tales, vampire myths, and the formation of religions that use the concept of blood may seem different from each other. But their common point is always the same: the desire to live forever.

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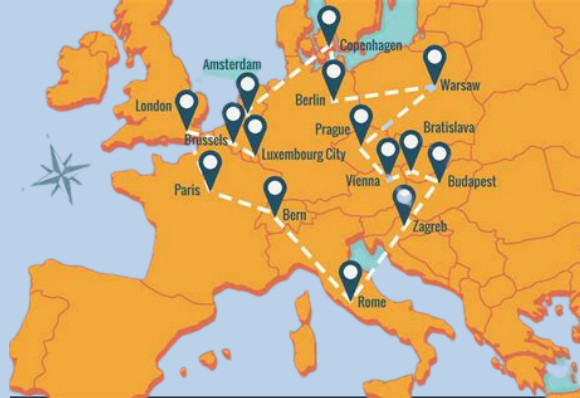
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FEELING E.U. WANDERLUST?

HERE ARE SOME TIPS FOR A GREAT TRIP

Sude Artiran, Department of Psychology



FIRST THING FIRST

Make a list of the countries you want to see. Choose from among these countries where you can easily and cheaply travel. (It could be FlixBus, a train, or a cheap airlines.)



Stay in shared places. Explore the city with other people visiting like you while staying in hostels.

Prepare your plan to include at least 1 day of travel and rest between cities or countries.

Europe is student-friendly, so research student facilities and apps for transportation, activities, and meals.

Pay attention to how comfortable you are, not how you look.

Be aware of the weather and climate of your destination. 20 degrees in Istanbul and Prague are not the same.

Take a night walk and listen to the city. A building you were very impressed with when you saw it will show you something else at night.

Visit thrift shops and feel the value of recycling and items again.

DON'T

Do not take food recommendations from Turkish or other foreign sites. Every city has recommendation sites created by locals living there, search them.

Do not be prejudiced against hostels, know that each one has different opportunities. Do your research!

Do not get accommodation prices only from tour sites. Search Airbnb, booking.com and student hostels.

Do not try to visit all the places. Take the time to learn the history of the works in the museums you visit.

Do not buy souvenirs in the city, buy cheap ones from the markets located near the center.

"You will walk. If you are young and do not want to walk in a city, do not say that you visited there."
İlber Ortaylı



Trdelník- prague



Svíčková- Prague



Stroopwaffle- Netherlands

SOME APPS I CAN RECOMMEND



An e-SIM application that will definitely be cheaper than using your Turkish sim. There are other companies like this.



Cheap travel companies you can choose. The baggage and check-in rules of these airlines are different, so be careful when purchasing your ticket.

When you calculate the day you will travel, it may be cheaper to buy a weekly card. Weekly passes are valid from Monday to Monday.



If you find a student you can travel with in the Netherlands, you will get a 40% discount.



St. Vitus Cathedral, Prague



Freud Museum, Vienna



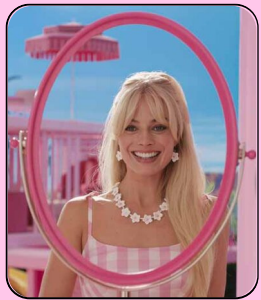
Night in Amsterdam



A LONG DUE CINEMATIC RENAISSANCE: 'BARBENHEIMER'

Betül Dağlı, Faculty of Engineering

The double feature in cinema has sparked a heated debate, taking over the internet and becoming the center of attention worldwide.



It's been a long time since two major film directors came out with films with fully talented and worthy casts, and possibly a long time since Hollywood has had a momentary display of craftsmanship. The film industry, which was severely impacted by the pandemic, has been rejuvenated by the pre-COVID-style movie promotion, with both films taking center stage. Enthusiastic & fun promo being back with Barbie & the humble roll-out of Oppenheimer; cinemas were almost fully booked till the end of August. Despite the allure of streaming



services, the films have managed to bring back the enchanting side of going to movie theaters. We can say that the last time a production has had a hype to this level was the Avengers: Endgame (2018) release — which was almost 5 years ago. With the recent SAG-AFTRA strike still going on, we can assure that this has added an emotional layer to the moment.

Breaking records left and right, both films capture a significant cultural 'moment' and have possibly left a permanent mark in the world's cultural history. *Barbie*, a cultural phenomenon and a main symbol of children's dolls, resembles American feminism with the input of Greta Gerwig's theme of women's empowerment. *Oppenheimer* brings us a point of view from the father of the atomic bomb.

Nolan's *Oppenheimer*, filmed on IMAX 70MM, is an outstanding yet ambitious 3-hour exploration of a biographical and political subject: the making of the first atomic bomb. Due to its length, the screening sessions in theaters has been a bit limited — especially considering the high demand of IMAX slots. On the other hand, *Barbie* is 1 hour 54 minutes long, and with the options of standard screens and high promo that made our expectations go high, more screenings are available to experience the film. Yet, both have had breathtaking success which will be continuing for a while. According to CNN, *Barbie* brought in well over US\$200 million worldwide, which made it the No.1 global release and a huge success for Warner Brothers studios. *Oppenheimer* had a blowout launch as well, with global receipts totaling nearly half a billion dollars for Universal Studios.

The most positive part of the double release is that both audiences thrive to see one other film and plan to see them back to back. People are casually having discussions about which order would be the best order to watch. No discrimination or hatred for one other! Even though both of the films are *almost* the opposite of each other (well, at least the color palette is), they are forever acquainted with one another in many minds. Thus, just in the first week of release, both films have left a permanent mark in history.

Which order will you choose to watch the double feature? Or have you already watched them?

THE INSIGHT INTERVIEW: MEF CLUBS

This month we talked with the individuals who help keep all of MEF's clubs active and successful. Nihat Can Doğan and Özden Ertürk work for the Dean of Students and have become skilled organizers in support of the University's many clubs. Nihat is a MEF graduate and is currently working on an MBA. Özden graduated from Istanbul Technical University Turkish Music State Conservatory, Turkish Folk Dances Department in 2020.

Insight: How long have you been working with MEF Clubs?

Nihat: I have been actively involved with student clubs since my undergraduate years. While I may not have been a member of any specific club, I gained familiarity with them through my role as an assistant in the Student Dean's Office, where I was heavily engaged in various club activities. After graduating, I continued my involvement by joining the Student Dean's Office full-time, making me even more active. In total, I have worked actively with student clubs for about 4 years. Additionally, I had the opportunity to participate in the YÖN101 program organized by the Argüden Governance Academy, which allowed me to examine case studies related to student clubs and learn about governance practices.



Open Days, July 2023

Özden: From July 2020 to the present. I work as an Assistant Specialist to the Dean of Students.

Insight: What are your roles and responsibilities?

Özden: Assisting the club leaders in the event planning process and ensuring that the materials requested for the event are provided. Guiding students to ensure that the activities are in line with the mission and vision of our school. Ensuring that the announcements are effective so that the event reaches more students and finally, monitoring the evaluation process after the programs.

Nihat: We're also facilitating collaborations and providing technological support within my department. I also contribute to the development of the department.

Insight: Do you ever organize any campus-wide club events?

Nihat: Yes, we have a wide range of campus events, including international student gatherings, film screenings, children's workshops, dance performances, and music concerts, all of which have a social and cultural dimension.

Insight: How does a MEF Club get started? How many clubs currently exist?

Özden: Students who wish to establish a club apply to the Dean of Students' Office by filling out the Club Request Form and preparing the activity plan for that year, once they reach the number of 7 founding members. These applications are evaluated by the Dean of Students' Office and clubs deemed appropriate are approved. The names/surnames, student numbers, departments and faculties of the seven founding members are submitted to the Dean of Students Office with a petition. Following the approval of the application and the creation of the club's bylaws, the clubs start their activities.

Nihat: Currently, we have 69 active student clubs, and this number continues to grow. To establish a club, we also require a well-defined mission and vision. If our dean approves, students can easily establish clubs within a specified framework.

Insight: Are all the clubs equally active? Has a club ever been canceled or closed?

Nihat: Unfortunately, not all our clubs can maintain the same level of activity. There are several reasons for this, but it often relates to the dual responsibilities that students have both in their academic pursuits and club involvement.

The primary reason for club closures is the graduation of key members and challenges during the transition period. Many clubs become inactive due to a lack of leadership, but they can become active again when new executive committees take over in the future.

Insight: Is there a specific structure that all clubs must follow? For example, having a president or board of directors? Do they have to have faculty sponsors?



Özden: Each club consists of 1 President, 1 Vice President and if there is no President, 2 Co-Presidents. In our large-scale club events, rather than faculty sponsors (for summits, conferences.. etc) the club president and the board members communicate with different outside institutions and companies and search for sponsors to realize the event.

Nihat: They also need six Board Members to ensure the smooth operation of the club. Having a clear vision and mission is essential, and each club has its own constitution, where all these details are outlined in great detail.

Insight: If a new student wants to get involved in any clubs, what should they do?

Özden: All students can choose among the clubs which they can find on the Dean of Students' Office web page, according to their interests. They apply directly to the management of the club they have chosen. In addition, on the MEF Student Clubs Presentation Day, which is presented within the framework of the Orientation Program held at the beginning of the semester. Students can get first hand information from the club members and fill in the application forms.

Nihat: You can join student clubs either during the semester or at the beginning of a new term. With a few exceptions (such as dance, theater, and music clubs), you can become a member as soon as you fill out the membership form.

Insight: Can you share any personal highlights or memories of your work with MEF Clubs?

Nihat: I have many fond memories, but the most significant and cherished ones involve inviting several political leaders to our school for various events. Subsequently, hosting diplomats at our institution was also a remarkable experience. Events like international student gatherings, where students from diverse backgrounds come together regardless of language, religion, or race, hold a special place in my heart.



Özden: On October 22, 2022, together with MEF Trekking & Nature Club, I experienced I participated in the "Nature Walk" event. Together with 14-15 students from MEF, we traveled about 2 and a half hours Şile Hacılı Village. We started the day very early, the down time at the village was spectacular. I was impressed by the fact that the participants from different faculties got to know and communicate with each other in the following days. It was a great program which put students together on a social gathering.



Interview with MEF's BMC Club

Muhammet Dursun Şahin, Faculty of Education

Hello everyone! We did a great interview with President Cem Gürlevik and Co-president Beyza Kaya of student club MEF BMC. Enjoy!

Muhammet: Do you believe student clubs have a positive impact on students' lives? Can you share some personal experiences or examples to support this idea?

Cem: Throughout our student life, we often acquire theoretical knowledge. Yet, if we fail to apply this theoretical foundation in practical situations, it can become insufficient. In this context, student clubs hold significant importance. Moreover, student clubs play a pivotal role in cultivating essential soft skills that prove invaluable in our professional lives. These skills encompass effective communication, adept organizational abilities, crisis management, and critical thinking. Beyond this, they provide us with valuable insights on competition, adaptability, and the art of teamwork.

Muhammet: What's the main purpose or mission of MEF BMC? Can you tell us more about what the club aims to achieve?

Cem: MEF Business & Management Club, in reality, functions as a supplementary resource for university students. I can confidently assert that the undergraduate program we pursued equipped us with the competencies that the business world demands. Within our club's organizational structure, there are seven committees: economy-finance, human resources, marketing-advertising, management, innovation, manufacturing, and technology. Remarkably, these committees mirror the various departments you'd find in any company. Participating in a committee that aligns with our interests allows us to determine if we have a natural inclination for that specific department.

Furthermore, we have the opportunity to acquire competencies from a wide array of fields by engaging in activities across different committees. To illustrate, consider an engineering student aspiring to work in the

aviation industry. This student can enhance their skills through involvement in the production department while simultaneously benefiting from NFT training organized by the economy-finance committee. This holistic approach equips graduates with a diverse skill set, making them more competitive in the job market. In essence, MEF BMC stands as the optimal choice for

staying current with industry trends and evolving into a well-rounded graduate. It not only facilitates networking with industry leaders but also enables us to take concrete steps toward achieving our career aspirations.

Muhammet: With the new semester just around the corner, are there any exciting events or activities in the works for the whole club to enjoy?

Beyza: I can say that we made a lot of plans before the semester even started. When planning our events,

we take great care to ensure that they are inclusive and useful. We avoid organizing cliché and useless events. This term, trainings where we will learn a lot, summits where we will network from business life and various universities, trips where we will see business life on-site, and activities where we will have a lot of fun with the club's committees or members are waiting for us.

Muhammet: Looking back at the last semester, did your club make a difference in the lives of students?

Beyza: Considering that our main mission is to make a difference, it is a great pleasure for us to be able to answer 'Yes' to this question. Last semester, as the entire BMC family, we worked with great enthusiasm to make a difference in the lives of students. We can clearly see from the feedback we received that we have been successful in this regard. We take great pride in this. From now on, we want to make more difference by constantly being better.





New TOEFL Changes 2023 YES, it is now much easier.



Mahsa Toosi

Introduction

Are you anxious about your upcoming TOEFL exam? Have you considered enrolling in a writing course to enhance your essay writing skills for the independent task? If so, we have some exciting news to announce! The recent modifications to the TOEFL format have made the test more user-friendly. And yes, there is no need to write an essay anymore.

In response to a declining number of tests taken annually over the past few years, it was determined that the previous version of TOEFL was challenging for many test-takers. As a result, the Educational Testing Service (ETS) has introduced a set of changes to the TOEFL, aimed at improving the overall testing experience. The adjustments have not only shortened the test but have also provided test-takers with more time to complete questions. The changes include updates to the reading, listening, and writing sections.

New TOEFL Format

There has been a significant reduction in the duration of the test, which takes less than two hours to complete compared to the previous three-hour format. This reduction is the result of the following key changes:

Simplified Test Structure: Streamlined instructions are used throughout the test which brings about a more feasible experience.

Removal of Unsourced Questions: All unsourced questions have been removed, which saves a great deal of time.

Shortened Reading Section: The Reading Section has been made more concise due to the elimination of the unsourced texts/questions.

Updated Writing Task: The new 'Writing For an Academic Discussion' has replaced the former 'Independent Writing' task, offering a more contemporary approach.

Enhanced Registration: The registration process has been simplified, which enables the learners to create an account and simply register for an available TOEFL iBT test date.

Improved Score Transparency: Test takers will receive information about their official score release date immediately after completing the test. They will also receive real-time notifications regarding any changes to their score status.

What adjustments are required in your TOEFL preparation due to the recent changes?

The straightforward answer is that minimal changes are needed. Most of the question types remain unchanged, which generally makes TOEFL easier. The most notable change is that you can feel more relaxed during the exam, as there will be no unsourced questions in the reading and listening sections. The speaking section, however, remains unchanged. You can maintain your preparation for the revised TOEFL by using your existing materials, except for the new academic discussion question type which has replaced the independent task essay in the writing section.

Message from the Director of the School of Foreign Languages



★ Dear Students ★

As the MEF SoFL team, we would like to congratulate you on getting accepted to MEF University! Well done on working so hard, being so persistent with your studies and finally making your dream of becoming a university student come true! We are excited to meet you in person and cannot wait to see you on campus!

Most of you will join us at the English Language Preparatory Program, some of you will delve into Academic English and some of you will start learning other second foreign languages as freshmen students at MEF University.

Our English Language Preparatory Program boasts a high level of immersion into the English language and various cultures it is related to. Even though it might seem challenging at first, you will quickly adapt to using the new language every day and we are here to support you in this journey.

Many of you have come from various corners of Turkey, so this year, not only are you expected to adapt to a new educational system, but also to a new lifestyle in this cosmopolitan city. We would like to give you EIGHT TIPS to help you with the adaptation process. *Let us know which one you liked most!*

DO YOUR BEST 🏆

Your potential is endless. You can learn anything and solve any problem at your own pace. You might need more time than others (or maybe not) to achieve your goals but if you focus on doing your best, then you will definitely notice how steadily you progress. Train yourself to do every task better than you did it last time. This way your only limit will be the sky (or this galaxy).

SOCIALIZE 🙌

Is university education about developing solely your study skills? No, definitely not. The university environment inspires one to develop various skills: negotiation, communication, management skills etc.. Which activities can you benefit from to develop those skills? We suggest that our students sign up to at least one student club MEF University offers. If you start attending a social club (dance, chess, parasailing, volleyball, law etc.) in your prep year, imagine how many friends you'll make!

SPEAK UP 🗣️

If you don't say what you think, no one will know. Be brave and honest. Feel good about sharing what you think. Sharing helps solve problems and find solutions.

SCHEDULE 📅

What gets scheduled, gets done. Remember to schedule what assignments you have to work on in advance and this will help you deal with the problem of procrastination or simply forgetting what you have to do. We recommend using reminders and Google Calendar to schedule your to-do-tasks.

COLLABORATE 🤝

Getting high marks is obviously desirable. However, enjoying the process of working on your task, benefitting from project work, creating something new (a story, a project, a video or a poster etc.) and learning from your peers is even more important. Even if you cannot solve something right away, give yourself time and perceive the process of figuring out what you have to do with curiosity and enthusiasm. Then your perception of the challenge will be positive and you will not get as stressed.

SHARE & ASK FOR HELP 🆘

Don't be shy if you don't know something. Make it a habit to ask questions. Ask your classmates, initiate collaboration, and offer mutual support.

FOCUS ON WHAT YOU DO WELL 🏆

We all make mistakes and they are inevitable! Paradoxically, they help us learn. Train yourself to accept your mistakes, evaluate them as an opportunity to learn and grow further.

SMILE 😊

Positivity matters. If you come to school with a face reflecting the probability of the end of the world, you won't probably have many friends. Train yourself to focus on positive aspects of life and yourself. Remember what you are good at, what makes you special, what this beautiful planet has to offer. Give priority to positivity. If you smile, you will see it reflected on someone else's face.

If you have been at MEF for at least a year and would like to share an insight from your experience with the new students who joined MEF in 2023-2024, please respond to this post on Instagram or LinkedIn and share your tip.

★ Sharing does inspire. ★

Have a great semester!

Vladlena Tcherkachina
Director
School of Foreign Languages
MEF University



WRITING & SPEAKING CENTER NEWS

I think we can all agree that it's great to be back on campus, seeing old friends and meeting new ones, experiencing academic life face to face again with instructors, staff and all the other folks that make MEF a dynamic learning environment. The W&S Center team came together in September to start organizing things for the new academic year and our second year in operation as part of the School of Foreign Languages. We're excited to see how the Center will grow as we explore more ways to provide meaningful communicative opportunities for the MEF community.

Starting the year off with a new issue of *The Insight* feels like a great way to kickstart our presence on campus. A huge 'Thank you!' to all of the writers for sharing your creativity and curiosity with us. It's great to see this level of enthusiasm for only our fourth issue and personally, I am really impressed by how the scope of articles continues to grow. **The deadline for submissions for the next issue is October 25th.** If you want to contribute something, contact us at <writingcenter@mef.edu.tr> We'll be happy to hear from you!

This semester, the Writing & Speaking Center (Room A316) will be open Monday-Thursday. Tutorials can be booked online using the Appointment Book code at the bottom of this page. We are also rebuilding our website to be more useful in meeting students' writing, speaking and English exam preparation needs. If you have suggestions, please send us an email or drop by to discuss your ideas.

I hope you enjoyed this issue of *The MEF Insight* and that everyone's semester gets off to a good start!

Robin Kosseff

Coordinator of the Writing & Speaking Center



@writespeakmef



Tutorial session - playing Jeopardy to build business students' vocabulary.

We need your input to help set our direction!! Please use this QR code to do a short, anonymous survey on how the Center can best meet your needs. The survey will be open until October 20th.



W&S Center Student Needs Survey

Do you want to continue the conversation and respond to any of the articles here? Email us your 'Letter to the Editor' and we'll include it in the next issue!



APPOINTMENT BOOK



Writing and Speaking Center